

DR. CELSO CHARURI

HOW  
IS  
YOUR  
MIND  
?

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**DEDICATED  
TO MEN  
OF GOODWILL**

## INTRODUCTION

 In this collection, we are invited to delve into a knowledge that may lead those who are prepared to the awakening of the mind.

The texts date back to the beginning of PRÓ-VIDA, from 1979 to 1981. The texts contain still current themes that permeate the ongoing quest of human beings to understand who they are, their origin, and the purpose of life. They also bring reflections on human existence and the universe.

This edition of the book contains a new series of texts and is available in print or digital (*e-book*) formats. French and English language versions have been added, along with Portuguese, Spanish, and Italian.

A set of texts with words magnetized by the vibration of the ideal of a man who studied, trained, and developed his mind to a high degree and gave his heart to serve in the building of a Much Better World.



## CHARTER OF PRINCIPLES



e have as Principle to evolve man, because we do not believe that man is a product of the environment, but, rather, that the environment is a product of Man.

We believe that a man who is the product of the environment is a man with a small “m”, and a dignified environment is made by Men with a capital “M”. We believe that we must evolve man, because Evolution is the goal of the Universe, it is the Universal measure.

We believe that man has a reason To Be, and therefore we believe in the balance between body and spirit. We are temperate regarding human unity.

We believe that everything has a reason To Be and that man, upon the face of the Earth, also has a reason for being here. The search for this Reason leads us to Creator, and therefore, we admit the existence of the Creator.

By admitting this we know that we are not gods; at most, when evolved, we can be sons of God. Given all this, we respect even the humblest creature of all the kingdoms and, given this Respect, that comes from the comprehension of the Whole, we respect life in all of its aspects and in all its manifestations.

Our reactions follow the standards of our Principles, and for this reason we do not attack those who contradict us; we simply withdraw and leave space for those who still need it.

We praise Freedom, because we know it is the fruit of Justice, which can only be achieved with great Courage to undertake a path towards Truth, the one that must exist and that is Supreme and Absolute at the level of all possible relative things.

That is why we entitle ourselves PRÓ-VIDA – Cosmic Integration.

Dr. Celso Charuri

*Conceiver and Founder of PRÓ-VIDA*

DR. CELSO CHARURI

## A WORD FROM THE MASTER



It is with great satisfaction that we have seen the fulfillment of our propositions made in Tela Mental for the year 1979.

Although the world panorama has become much tenser than in previous years, our students have remained unshaken and lived their lives “in a year full of Happiness”.

1980 presents itself before us with roads where only thorns and steep cliffs of apparently difficult passage remain.

This will cause more anxiety and anguish in the men of our era, driven by these factors. Fear will become the last drop, and when it overflows, it will generate excesses, crimes and greater dissolution of the current aspects of our society.

In search of solutions, some men will walk along the field of material technology, and others along the spiritual field.

A bigger conflict will then be established since one-sidedness – spirit or material technology – will not promote balance. For this, the integration of technique and spirit will be necessary, placed on equidistant pans of the scale having as center man, the coordinator.

This latter reasoning will be, without doubt, the line of conduct of the PRÓ-VIDA philosophy.

So, no matter how great the difficulties men face in the next few years, for us they will only serve to promote movement and

accelerate the aspects of evolution of the PRÓ-VIDA students.

As one can see, we won't adopt the philosophy of the fanatical spiritualists or that of the irresponsible materialists, because we know that the Truth is in the point of balance.

So much so that, for the next year, we have organized a perfect training plan for the mental development of our students, which will certainly lead to the opening of the necessary channels for the comprehension of the future. It is clear, then, that we are not clinging to passions, that are ephemeral in their essence, but to Love, that is lasting, balanced and therefore, just.

Many will talk of our insolent conceit, as we give such testimony of our ideas. However, we can say that it is right, since we know and have the conviction of where we come from, where we are, and where we are going. And those who may possibly criticize us don't even know where they are.

When all the energy centers are open, and even so the generated force is not enough to pull the vehicle out of the mud, a composition of energies directed to the same end, or the discovery of new energy centers, becomes necessary. The ideal, of course, would be the integration of these two aspects.

Wake up! Stop spending your energies uselessly! Have courage and believe in what you feel. Don't let yourself be influenced by the bankrupt Collective Mind. Know that you are the essence of the Whole and that in you lies the Truth. Allow us to help you and to have your higher potentialities surface.

It is only the fact that you are our brother in flesh and in

spirit, our universal brother, child of the same Father, that leads us to this action.

Best regards,

*(signed)* Dr. Celso Charuri

*December 17, 1979*

*text dictated by Dr. Celso to be sent to  
the students. He consented that year to the title  
“A Word from the Master”  
by our suggestion.*

HOW IS YOUR MIND ?

## INTERVIEW



*What is PRÓ-VIDA?*

PRÓ-VIDA is an institute with Headquarters in the state capital of São Paulo, that proposes to lead interested parties to Cosmic Integration.

*What does Cosmic Integration mean?*

It means having man expand his vision regarding the habitat in which he lives. In simple words, it means getting out of his self-centeredness, then his city, then his state, then his country, then his planet, then all planets, and so on, until he discovers that he is simultaneously One and Whole, and that within him shines the same divine spark that is also present in a bacterium from the most distant planet imaginable.

*And how does PRÓ-VIDA lead the interested parties to this purpose?*

By means of nine courses, where themes are discussed and analyzed within the mental, physical and spiritual spheres.

*Is mental training practiced there?*

Yes, in an ordered form, by trained professionals represented by doctors, physiologists, psychologists and philosophers.

*What does mental training consist of?*

It consists of a series of processes aimed at removing the veils that prevent man from capturing the energy vibrations which surround us.

*What happens when these veils are removed?*

There occurs an expansion of consciousness, until achieving Cosmic Consciousness.

*What benefit does this bring to man?*

With the expansion of consciousness, man will know the Truth. This will lead him to Justice, which will give him Freedom, and finally man will find the Peace he longs for.

*What is the General Center for the Tithe?*

In short, it is the act manifested, i.e. the action that is characteristic of the cosmically integrated Man. In other words, it is the privilege of Being, in the hands of those who Give.

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*Interview given by Dr. Celso Charuri to a newspaper in the city of Três Pontas, Minas Gerais, on February 21, 1981 on occasion of the donation ceremony to the Carmelo São José institution, in order to give a general idea of what PRÓ-VIDA was at that time in the beginning. In a short time, as a natural consequence of its growth, PRÓ-VIDA became an international movement that offers its participants a wide variety of social, cultural and sports activities, among others, aiming at mental and philosophical development.*

*Set of 12 texts dictated by Dr. Celso  
Charuri for the PRÓ-VIDA monthly  
Newsletter published through 1981  
and in January of 1982.*

PART



HOW IS YOUR MIND ?



ear friends!

We are starting 1981. We know that all our propositions will come true, since from our Tela Mental, conflict has been banned and our real desire is inspired by the altruism that determines the reason of our existence. We have merit.

We wish you the same. This will be the year of consolidation of our initiatives, among which we highlight, in addition to the courses, our Cultural Department with its attractions, our Sports Department with its activities, our Laboratory and mainly our General Center for the Tithe, whose performance illustrates the real meaning of our intentions, i.e., giving the living example that *“There was a time when we believed in words...”*

We would like you to know that a continuous energizing group was formed, whose purpose is to send beneficial vibrations to all those that have been to our School.

From a distance, this is the most we can do for you.

We are planning to send a newsletter like this every month, and we would like you to kindly advise us in case of change of address.

We continue with our intention to build a Much Better World, and we know that this can only be done by the evolution of the human being.

We count on you. Your presence is, to us, the flame that lights us up as the candles that we intend to be.

*(signed)* Dr. Celso Charuri

*January 1981 Newsletter*





he behavior of today's man attests to his poorness of knowledge regarding the factor life. So, modern man spends his whole life dying and, at the end, becomes afraid of death.

Could it be that people don't understand that to live, it is first necessary to have been born? Could it be that people don't understand that one who is dead is not in a position to talk about Life?

The awakening of Life is done with the awakening of the Mind which, using its virtue, Meditation, makes man realize that he is alive, as an integral part of Life.

On that day, the second birth of a being takes place.

Have you been born for the second time? Congratulations!

*February 1981 Newsletter*



our presence is the present that encourages those present who, in the present, build the future Much Better World for those still absent.

*March – April 1981 Newsletter*

HOW IS YOUR MIND ?






ot infrequently we have been sought to answer questions regarding sex.

That being a subject of limited and relative importance, we will try to summarize the answer and place the element sex together with countless other elements of also relative importance that constitute life on Earth.

As we have Freedom as one of the Principles – do not mistake it for *libertinism* – our position is as follows:

Before any element of desire, don't get frustrated. However, analyze the consequences of your act so that once it is done, no one is hurt, including you, who, in that case, will have, from the hurt caused, another motive of frustration and suffering.

*May 1981 Newsletter*


 As new experiences occur, the brain assimilates new elements to fill its storage capacity. This material will be used as life goes on, and will be translated into forms of conduct before new situations. For some of the knowledge there is no relative data which allow assimilation and therefore this knowledge won't show in people's conduct. It is said, then, that it is non-integrated knowledge.

As the desire for evolution towards a Much Better World arises, the Mind's doors are opened and that knowledge, formerly neglected, starts to be at least analyzed.

We ask you: How is your Mind – open or closed? Why don't Goodness, Altruism, and Brotherhood always show in your conduct?

*The Much Better World is already a reality  
for those who have crossed the PRÓ-VIDA door.*

*June 1981 Newsletter*

...  nd everything was going wonderfully. It was a morning like any other, if seen through betic eyes, but entirely different to the eyes of the people from PRÓ-VIDA. After all, that morning, there was a delicate lace of white clouds, real nimbus contrasting with the Brazilian blue sky. And all the PRÓ-VIDA students saw that, besides the sun that everybody sees.

But the Sun itself was different that morning, because, comprehending the prevailing Harmony on a small soccer field, emitted, besides the usual rays, some vibrations of an unknown frequency that translated into an also unknown color, only seen and felt by the players, PRÓ-VIDA students.

It was a gift from nature to those who had eyes to see, ears to hear and cells to feel.


It turns out that team A in the first 30 minutes of play scored 8 goals versus 1 from team B. This imbalance didn't represent spite (that is why we don't say "despite this imbalance"). The atmosphere was relaxed and even hilarious. The crowd rooted for the Sun and the clouds, for the ice cream and the candy; and the players, for the game not to end, so that a few more pounds could be lost.

Then, in this atmosphere, a terrible incident occurred: suddenly one of the players from the team that was winning 8 to 1, in a brilliant play, crossed the whole field getting past everyone, ending with a chip pass over two opponents. At that moment the referee (Orley) whistled a serious foul. All the players shouted complaining,

“Foul?” “Why?” “How?” And solemnly, the referee responded, raising his finger, “Lack of Humility!” and went on, “To humiliate the opponent like that? Have you forgotten to compare the Size of our game to the Beauty of this gorgeous morning?”

*July 1981 Newsletter*

## THE DILEMMA OF GIVING THANKS

 At the hours of the day when a planetary conjunction determines the day of birth of a Teacher, also considered by all as a Master in Philosophy, a perfect, singular and magnificent homage occurs, in which the one who is being honored is compared to prominent figures in History and is given gifts as only gods are given. It is necessary to give thanks.

“What a great opportunity and with what pleasure should you give these thanks, sir, given the ease with which the elements present themselves for this!”

“Ah, poor mortal soul, still justifying the much learning that you have yet to acquire! So, don’t you realize that I find myself before one of the most difficult tasks that I’ve ever been presented with in my life?”

“I don’t understand, Master. What task? What difficulty? Are you, sir, by chance, referring to some sort of difficulty in giving thanks?”

“Exactly, my dear disciple, and to make it clearer to you, I will make you aware of my reasoning: the distinguished, honorable position in which you have placed me, and which certainly dwells in the minds of those who are paying me this homage, is high, and only a Philosopher, a god, is worthy of it. Now, the Philosophers, the gods, figures of such Size, know and have as Principle, Humility – their most notable virtue. Therefore, by this reason of homage,

I should not and cannot accept it, since by accepting and giving thanks for it, I would be taking away the virtue of the one being honored. Thus, I would no longer be authorized, by the very reason of the homage, to be the one being honored.

In other words, my dear disciple: the Master Philosopher has as virtue, full Wisdom and Humility. Where would Wisdom be if Humility disappeared? Where would Philosophy be if the Philosopher didn't follow his Principles? And the Philosopher? Would there be the Philosopher?

I reiterate: for such a magnificent homage, I cannot and should not give thanks. If, however, I observe those who are honoring me, I'll see that they are my own pupils! And it is at this point that things get complicated! How could a Teacher not give thanks or accept homage from his own pupils? If he doesn't accept it, he'll be denying the approval of what he teaches. He will be undoing the authority which, by itself, teaches. He will be destroying the number 1, generator of 2, 3, 4, and so on. He will be taking away the reason of being of the Example, manifested by those who transform learning into Action. Finally, he will be decharacterizing both figures: the Teacher and the Pupil. Therefore, all this considered, I should give thanks for the homage.

Do you realize now, o disciple, the conflict in which I find myself, especially bearing in mind that the object of the homage is the same, Teacher and Master in Philosophy, and by giving thanks or not giving thanks I would destroy, in either way, in the same object, four figures?



“Four, Master? I can only see three: the Philosopher, the Teacher and the Pupils. Did you say four, sir?”

“Yes, I said four, and the fourth figure is represented by Hope. The Hope that exists within many, in Humanity, to become one of the three.”


“I agree now, Master, that this problem is unsolvable, and I wouldn’t wish to be in your position.”

“Know then, o disciple, that you should wish to be in my present position one day, and that day will be the day when you know that it is not unsolvable, because by then you will have already considered the existence of the Realm of All Possibilities, making the impossible unviable.”

“By Noah’s beard! Tell me at once, Master, how to give these thanks, while I pray to the gods for the capacity to understand.”

The Master, to all present: “I thank you for the homage that at this instant is being offered me. However, I consider as a gift not the homage, but the ones who are honoring me, who were given to me as a gift by a Supreme Being, who in His benevolent campaign towards the people of Earth, has chosen me as a Guide, granting me permission to make use of His Philosophy. And in His greatness, also allowed this set to assimilate and manifest all His teachings, as is happening today, showing one more of His Virtues: that of a Teacher. Hence, with Humility I thank God, because I accept you and however many more may come, longing for this guidance. Bad, good, they’re the environment I deserve for my mission.”

*August 1981 Newsletter*

ohn was a different garbage man. His presence could be noted just by the clothes he wore: they were clean. John, in his folk wisdom, used to say that the outside mirrors the inside. He belonged to a traditional family of garbage men, whose father, Mister Alvino, was filled with pride every time a boy was born into the family, for in those days only men could be garbage men.

John was one of them. As he worked around the city streets he was always smiling, diligent and happy, because he knew from traditional wisdom that someone must always collect the garbage from human actions. He considered this work honorable, because only the evolved can recognize garbage. All others are just innocent garbage makers!

John didn't get married, because women of his time could not see wealth in garbage identifiers, garbage men, but only in garbage makers.

He liked to stay close to groups, because he knew that sooner or later they would start an argument and then, lots of pieces of paper would remain fluttering in the air, such as slanderous words. He tried to pick up those pieces as quickly as he could and store them in his silence, because he knew that if he didn't act quickly, the evil would spread.

"Clean, clean, clean" was his motto, because he believed in a clean world.

John died and was buried on a dirty corner. Hovering in the air to this day is his Hope that, as he used to say, "it depends on you."

How is Your Mind?

*September 1981 Newsletter*



Dear Students,

We are aware of the great difficulty that all who have been actively participating in our Courses feel regarding the relationship with people who haven't yet had the opportunity of getting to know us. This is due, without doubt, to the greater comprehension of the aspects Life and human beings that our Courses provide. It is a sign of evolution!

However, a tribute must be paid, and it consists in comprehending the mental level in which most inhabitants of our planet still live, who want to teach the ways to happiness without even being happy themselves.

To our students, we recommend as conduct polite distancing from these people, when there are no family ties.

The issue gets complicated when it comes to family members. We must comprehend that our parents and family really love us and want the best for us. We know they do this in their own way, with the knowledge they have acquired throughout their lives, which, for the most part, was arduous, difficult.

Our conduct, in this case, should be of extreme comprehension and help. If help is not accepted, we should show through example – in our conduct, obligations, etc. – that it is worth setting aside some time for acquiring new knowledge in the Human Mind area. With this exemplary conduct you will really show that you are a PRÓ-VIDA student.

Thank you.

*(signed)* Dr. Celso Charuri  
November 1981 Newsletter



riends,

It's December, it's Christmas! One more year of activities is coming to an end. Many were the achievements in the direction of building the so longed for Much Better World. We have grown.

PRÓ-VIDA, that until then was inside a womb, must now be born for everyone. We are a reality.

All our propositions this year materialized. Our Tela Mental, impregnated by the energy of the will and work of all our students, materialized.

We opened our doors for all to come. We couldn't keep from showing all of this, because it would be selfish on our part to have a Much Better World just for ourselves.

That is why we are going to hold a Christmas and New Year's Eve Celebration, in the Convention Center of Parque Anhembi. There, we will present a show worthy of the students of PRÓ-VIDA and of great interest to those who are not yet in PRÓ-VIDA. We ask all our students to attend, and if possible, to bring guests.

*The invitations, individual and free, will be available at the secretary's office at PRÓ-VIDA, as of November 15.*

*The celebration will be on December 1, at 8:30 p.m.*

You who have worked, you who have participated with your Tela Mental for this growth, should now come and rejoice, eating the fruit from your sowing.

Congratulations. Thank you.

We are counting on you.

*(signed) Dr. Celso Charuri  
Letter addressed to the students  
November 1981*





ow is your mind?

It must be confused! After all, the house is full. All seats are taken, there are no empty spaces. The residents are all different and, because of that, they all speak at the same time, each one about their subject, in their own way.

It must be confused, without direction! Without objectivity, the energy wear is immense, since the direction doesn't get defined.

The house is full, there are no empty spaces. Everyone feels in plenitude, in the plenitude of a house full... of conflicts. It's anxiety that speaks. Reason gives way to euphoria, and euphoria, to madness.

But in January it was different, and at least until May it was different again. Why not say that in each month it was different? After all, the guests were different, according to each month's circumstances.

But it's December now and, for sure, everything will change. The confusion will end. Of course, during this month all residents speak the same language, have a single objective. It's a month of Love, Goodness, and celebration!

Everyone will buy, buy, buy. Everyone wishes to receive the present, in exchange for their purchases. Without a doubt, the expected gift is the inner Peace those who give have. Everyone will take advantage of the opportunity of the circumstances offered by this month.

But January is near! So is February! And the common man will again live dependent, dependent on the circumstances of each

month, again. After all, the house has so many residents... and each one has a preference for one part of the Whole; and each one has to satisfy their own longings...

Fortunately, the year has many months, and life, many years!

Who knows, one day, in a month of a certain year, at an hour, and from that minute on, all the residents of the house will come to have the same objective and always talk in the same direction and so will make, from then on, an eternal Christmas month.

How is your mind?

*December 1981 Newsletter*

## ILLUSION OF THE SENSES

**A**nd as much as the eyes can see, I was looking at a face that, according to the beauty standards conceptualized according to my knowledge, presented itself as angelic.

Suddenly, a desire to deepen eyesight, since a question was present in my mind, “Could she be capable of doing evil?”

The face scanned by eyesight that scrutinized, in the attempt to find an answering sign, made me acknowledge the limit of that sense.

Immediately after this discovery, a sound came to be, as if helping to expand the limit of Feeling: hearing was manifesting itself. The audible sound, putting letters together, was forming words that answered, “Yes, this angelic face can do evil.” Next, other words saying, “Why? When? What for?” Once again at that bordering crossroads was that sense, that was asking because, logically, it had no more answers!

I light a cigarette and wait. The question was pulsating through the sense just used: Why does such beauty reverse into such ugliness, given by the acts she can and does perform?

The smoke, penetrating through the nostrils, awakens new sensitivity. It was smell, joining its companions in helping find the desired answers.

I go up to the angelic face and feel the smell of the exhaled carbon dioxide, and ask myself, “How could such purity, oxygen, go in, and such a foul-smelling combination come out?” The sense of

smell explains, telling about the internal environment, the external, their combinations, their alchemy, their transmutations.

And it immediately appeals to touch, asking, in turn, the same question, “Why can such external beauty manifest, in certain circumstances, so much wickedness?”

Touch, both crude and subtle, can’t find an answer, and asks, “Why do I exist, if not to compare the roughness and softness of the existing beings?”

A glass of wine happens before me. I drink it. Suddenly, I awaken to the taste of things. It is taste manifesting itself, showing it exists. I ask it the question, “Why, what for, until when can the external sweetness come to be bitter?”

Simultaneously to the question, a cup of coffee was placed on the table. The meal was ending, when taste answered, “If now, with your appetite satisfied, you were given the opportunity to start all over again, what would your conduct be? Certainly, you would have recognized yourself in full satisfaction. Where is the attracting beauty now, if you no longer want it?”

Would the attraction of beauty be in the object beheld, or within the beholder?

If you answer this, you will certainly recognize why the angelic face can act with wickedness. Certainly then, you will no longer feel attracted by beauty, ephemeral, but by Purity, Eternal.

*December 17, 1981*

*Dictated at the Néctar Restaurant, for the January 1982 Newsletter.*

*Transcripts of parts of activities  
conducted by Dr. Celso Charuri and  
notes of PRÓ-VIDA participants  
who experienced situations with him.*

## PART 2

HOW IS YOUR MIND ?



As we reach an objective, we always want to reach another, and such is the Life process. In Life, either you reach the final target, or you begin another process. Life is the set of processes, experiences, to reach the targets.

You learn until the final instant. Each time you learn, you create illusion to learn more. You never stop learning. With this, you gain love for Life.

If this is a truth for you, you can't stop. Happiness is in each target you reach and in the processes you go through to reach the target. For there to be happiness, you need to have an objective. If you don't have an objective, you complain and degenerate. You fall into futility.

(...) The philosophical mechanism of progress is the objectives in consecutive processes. When you start getting depressed, find an objective. Suddenly, you will come across the great Objective. You will enter a new world!

*July 18, 1979*





Is there anything in the universe more wonderful than Patience? Isn't time itself Patience? And who overcomes time, if not Patience itself? You don't overcome time. Nothing overcomes time; time doesn't stop. Who is capable of making a block for time, if not Patience? It's the only element that overcomes time. If you can't pull back time so as to hold it, Patience...! It can stay ahead of time to see what it's going to do.

*August 18, 1979*

DR. CELSO CHARURI





r. Celso, talking about Feeling, simulates a person's meditation:

*"What do I seek...?"*

*"You know, my God, I look at the sky, I see your stars, I see all this vastness, I see this infinity... and I realize that I'm in no condition to know what I seek. But while I'm in no condition to know what I seek, something very important appears in me: it is called Feeling. And I feel, I feel that from this search for... I don't know what... But I feel that what I'm going to find is something great. I feel it as I look at your stars, as I look at your sun, as I look at your flowers, as I look... I feel it's something great!"*

*"I don't know what it is. And I doubt that anyone on the face of the Earth knows, using what little they have. But I feel that what awaits me is great; as great as your sun, as magnificent as your stars. And sometimes, walking along your ways, the Milky Way and others, I suddenly rejoice, because it seems I have found what I was searching for – and I don't know what it is! I just feel it's great."*

*"Anyway, Lord, thank you very much for, although you've given me a small ability to know, thank you for having given me the ability to Feel."*

Dr. Celso concludes:

From this moment on, people then start to cultivate Feeling.

*November 30, 1979*



s there a dose of Love? Can Love be given in doses? Love has no dose. It is the total essence of plenitude.

The expression “dose” suggests the idea of weight and, if Love is weight, it would overload and lead to suffering, since it would depend on distribution in doses by weight; it would overload in weight. It is the contrary: in Love there is a feeling of plenitude, which is lightness beyond light, where there is no opposite. Then, if this is the feeling of Love, it could never be given in doses, since it is a state of plenitude.

Now, hate is different: it has dose. Therefore, it’s not the contrary of Love. Hate is between light and heavy. Love is way beyond, because it has no contrary. If Love transcends lightness or weight when it manifests, it is milder, therefore fine, it always interpenetrates everything. Everything else has its different and contrary.

What would be, then, the objective of any person? To reach something absolute, without equal and contrary; therefore, to attain the state of Love. It is the 1 in the triangle that nourishes all the others.

And who nourishes Love? It sustains light and heavy. It sustains the balanced states. Its energy becomes the desired point, or the only point one wants to reach, because unconsciousness is not the same as the unconscious; it doesn’t exist.

Everything that is in the law of balance is in the law of conflict. And conflicts are the blades of the propeller of the wheel, because they maintain the movement that is Life, that is the Universe.



So, in the movement is the cause and the effect. Or movement is the cause and the effect, because, in being in the spiral of the movements generated by the antagonistic, the essential factors – that have different dose and weight – move at one or the other end of the axis. And as the essential factors at one end of the blade move, at the other it provokes imbalance, conflict, which keeps the blade in movement.

There being no antagonistics, in other words, transcending the plane of the antagonistics of the movement – movement that is the Universe – would be the generating point, whose luminous emanations allow for the difference in the essential factors that will be placed at the ends of the blade; the point they unconsciously aim to reach.

Who nourishes this point that nourishes all? Among all, I have already told you who nourishes it. This knowledge that makes the beauty of the Universe is what frees you. Can you understand that this is what Love is? Only through the mind could you achieve this. It is state of grace. It is an explosion.

Everywhere there is always a need for explosions, so that there can be a release from the states of bonding of matter, earthly aspects, and so on. If you want to leave the planes of attraction of matter, this is the way: Light.

This shows that there is no obligation to leave the crude matter – earthly, and others that exist throughout the Universe. But whenever you are attached to material aspects, you will always be attached to the tridimension, no matter where. And this also



shows that you can take a very big leap to leave, and have no more attachments. Or not follow the path, leave the third dimension, and return to a cruder level. As Dante says: inferno. Free will comes into play exactly to keep this in balance and in movement.

The inconstant search for knowledge leads to the constant pleasure of the senses.

How long did it take to perfect the automobile? Know then that the human structure took centuries, thousands of years to evolve, and is evolving within the three-dimensional plane.

How old are you? Have you figured out a formula to answer this? Just observe the knowledge that was recorded by observations made by the sensory organs throughout the thousands of years. The more, the older. The cause and the effect together. The very energy of the will is greater or smaller according to the knowledge. The more factors of knowledge, the greater the energy release.

*December 12, 1979*



n individual enters a city, and that city has many streets and alleys, and he keeps on walking the streets and alleys of that city.

He sees that everything is very difficult. He sees that the streets are very narrow, and that the people bump into each other. He has no idea of traffic. He doesn't know who goes that way, who comes this way, who goes in all directions. And he tries to organize that city. But, as he is unable to see everything, he stops and then says, "Well, on this street we'll all walk this way and on the other we'll all go that way, and here only this way..."

And after a while, he sees it didn't work, because it would cause trouble on the other side. And he starts to despair and wants to find a way out. But he tried something!

You too have always been trying something in life. Everyone tries something in their lives. Everyone tries! But, after a while, feeling that you won't be able to organize things so that you live better, you search for a way out. And then you go desperately looking for a way out, and then you run to a street and find no way out, you run to another and find no way out, and find no way out...

One day you end up finding the way out and you leave the city, go on the road once again and leave.

But, if the fact keeper weren't faulty, if the fact keeper were perfect, then you would have learned the lesson well. And walking along the road, when finding another city, you wouldn't enter it so haphazardly. You would stop at the city doors, look for a hill, a rise, because your fact keeper would have registered the previous



experience and would have taught you that you must base yourself on previous experiences, and must always be alert to use your mind better, for if you don't, you will always be stumbling around.

So you would then climb a hill before entering the city. You would look, from the top of the hill, at all the streets and alleys of the city. You would observe how everything works in that city. You would look, analyze and then, before going down to the city, you would look for the way out, see how to get out of it.

Then, knowing all about it, you would enter the city, and even choose the location that pleased you most. You would live there the time you needed to get nourishment before going back on the road. So you would go down, eat, try to help organize – since you know better, for you have seen from above. And after you had undergone all the required nourishment, you would easily go back and find the way out. You would walk through the exit, find the road, and follow the road – the road of evolution – until you find a new city.

All this would be normal to happen, to any person that had begun to better value their own mind, that had begun to correct the flaw that exists in the keeper of the facts already registered. And the fact keeper is broken in most people. And they don't know, then, that they must climb the hill before going on.

And they have every opportunity.

*December 18, 1979*





Patience is directly proportional to the purpose. If you really want, if you know what you want, you have Patience. When you are not really sure of what you want, you're hasty, you want to arrive soon to see if it will satisfy you, because if it doesn't, you'll move on to another purpose, and if that doesn't satisfy you, you'll move on to yet another... That is the way for most people: they do a lot of things, a bunch of things, but they never really do anything, because they don't know what they want.

The one who knows what they want, who knows that they will find it, who has at least felt that they will find it, this one isn't in a hurry. This one knows that in the very progression of everyday life, of every instant of the day, they will be learning what they want, because what they want – if it is the Universal Purpose – is within them. So, every instant, every look, every fact heard, every word heard, every person, every aura touched, every sensation provided by the five senses, will be a lesson to them. They will always be learning.

This is important! It's very important that this be said to you now, because you will only be able to savor things if you start to observe everything.

So, Patience is self-cultivated when you know what you want. It goes all by itself. It appears by itself; because lack of Patience is usually associated with *wasting time*, that is, "I'm wasting time, I'm here not doing anything; could it be that this is what I want, or isn't it?" Well, then the main thing hasn't yet been understood, and



the main thing is that you are never wasting time, as long as you know that at every instant, many lessons are presenting themselves around you. You are always having a lesson. Every instant you are learning. But you have to know at least what you want – the objective of your life!

*December 21, 1979*

DR. CELSO CHARURI





True intuition never opposes Reason. It's not dignified for man to let his acts be governed by emotional impulses.

Few people are capable of truly thinking with clarity. Some manage to think clearly and without passions when they are not tired, hungry or emotionally troubled by some problem.

The objective of the man who intends to take the next step in Evolution should be to learn to think with clarity, dispassionately and stably all the time.

*1980*



One day there won't be shadow because the light won't allow it. One day there will be no one with points of pride, or vanity, points where the light can hit and not penetrate, ignorant points, where the light will hit and be reflected. One day everyone will be relaxed, open, allowing the light to pass through.

Know that if you're not a totally illuminated being yet, that's because you let the light reflect from you.

*"I Am the Light of the world and many heard me and didn't recognize me. And that's why opaque objects exist."*

If you have opaque points, it's those that keep you here. Cohesive is solid and solid is tight. And between your atoms there's no space and light doesn't penetrate, it reflects; like the one you want to give your hand to and they close the door on you. Such is the ray of light that turns its back on you and goes away.

You are constantly being bathed by the light. You admire it. But you see dark points, because you don't have courage to look at what your mind still can't admit. You lack faith. You'll get darker the more you give vent to those ignorant points that allow darkness: pride, vanity, greed, selfishness, fear...

Today I taught everyone to do like the light: turn your back, leaving the heat, the light on the opaque point, whose heat becomes registered and maybe one day, it will melt and create expansion in that atomic tightness.

If you don't make use of the heat that the light constantly leaves you, there will be only one way: to suffer from the envy of

seeing the points that let themselves be traversed by the light, and suffer from the cold that freezes your soul, for knowing that the heat always comes and you don't have the courage to keep it.

Therefore, be aware of your suffering and joy and take the responsibility.

*1980*

HOW IS YOUR MIND ?





he measure of a being is the Responsibility this being takes on. The quantity and quality of Responsibility give the weight of a life.

You will only be integrated with the knowledge of something when you manifest Responsibility regarding that something.

Integrated to the Whole is the one who manifests Responsibility regarding the Knowledge of the Whole.

*1980*

DR. CELSO CHARURI





nce in a while, there's a pause in the brain, in the space and time clock. As if this were necessary for a consolidation.

The river flows, you place a sieve... here. If the river keeps flowing, it keeps being filtered by the sieve.

But often there are particles that need to be filtered, which beat the current and can't reach the filter. So, it is often necessary to close, stop, so as to form a dike, a dam.

Then that mass comes, and comes, gradually stops, the volume increases and that little thing that wouldn't leave, necessarily also stops here, at the filter opening. And when it is all here, the filter opens and what wouldn't leave, in that avalanche, with a much greater force, also leaves, and passes. Then there is a release.

These pauses are normal. Therefore, relax. It is just time. It passes. It's just a little space. When the floodgate feels that all the elements are here, then there is maximum filtering. Done. Then you go back to being what you wanted to be and maybe you can't yet. But after this total opening you will be able to be, with greater understanding.

*January 25, 1980*



When in musical harmony you place an accidental, creativity is greatly increased and so is your power regarding harmonic sets.

(...) At first, you place one accidental, then you add another, and another, and when you are able to reach the tonality that has the highest number of accidentals, and to master all this, you will be able to play in any key.

(...) Your life only has a reason to be if you understand Respect. It is the sign of your life. It is the mark of your life. You are marked by the Respect you have been having in your actions. If there weren't Respect, your life would be a straight line, without accidentals, harmonically poor.

When you understand Respect, you modulate yourself, the harmony of what you live is greater. Your whole life is built around the Respect you give things.

(...) From now on, when you do something in life and you want it to be really understood, wait. Attend to the Respect you give to the theme you want to deliver. And then you will set a mark of Respect that the person, on hearing you, will carry.

Therefore, when you really want to say something – not just to talk; to say! – stop. Wait. Never start from the middle. Never rush. Use patience. In the prologue is the whole theme. The atmosphere is created here. The rest follows.

*January 27, 1980*



here are people who live to give advice to others.

When someone gives you advice, stop, listen, respect it, it doesn't matter if it's from a child, a young or an old person. What's important is to analyze the advice you were given. This is for those who receive the advice.

And for those who give it? When giving someone advice, observe if there are no aspects of selfishness, vanity, pride. Consider that it's easier to give advice than to analyze a piece of advice received. Analyze, before, besides the advice itself, the person to whom you intend to give the advice to. See if they are a strong one, or not. And be very conscious before expressing an idea regarding any subject. Acting like this, you might not *fix the world*, but certainly you will be fixing yourself.

*February 15, 1980*



Everything has life. Everything is life. The integration with the Whole should be connected to the aspects of Having and Being that you – inside yourself – should feel. Therefore, it is important that you learn Respect.

(...) Respect should be connected to the Supreme Respect, a Respect to all events, a Respect to all manifestations, a Respect to everything that has an expression of being.

(...) When you start practicing Respect, something will begin to show in you that is called meekness, gentleness, and only those who started learning Respect can be meek and gentle. Meekness and gentleness are close, very close to what is called Purity.

(...) And you will only be able to feel what meek and gentle is the day you start respecting, but a Respect that should be conscious and unconscious to the existing things, to things that are Life.

(...) To practice Respect for everything! When I say everything, I mean that a word has life with a small “l” and with a capital “L” – in the two aspects of Life that we consider. Therefore, the words that come from a person, and those pronounced by you, have Life and therefore, deserve Respect.

(...) Stop by the sea or on a mountain, and gaze. You are in silence. Start reflecting on that valley, on that mountain. You will soon be meditating about it. As you contemplate deeply, the silence that is in it appears within you, because that is silent. It only speaks to those who have ears to hear. It only allows to be seen



internally by those who have eyes to see, to really see. Therefore, as you reflect, it's superficial: as you meditate, it deepens.

When you contemplate that object in question, which is Life, it starts showing the silence it has inside. Then it speaks and lets itself be seen. This means that you've begun to feel Respect for that. At that instant you enter a state of secret. Not the secret of not wanting to tell... You can't allow words to get in the way of those other words that the silence of that object is saying to you...

(...) A mind, to be able to expand its conscious state, should first learn to respect. From then on, the object in question acquires new proportions, and when the object in question acquires new proportions, it means that you are expanding your consciousness to the point of doing Cosmic Integration.

*March 13, 1980*



Why do people go out for entertainment?

Why do people plan to get away for a weekend?

Man needs to escape routine. And what is the so-called routine, if not the repetition of circumstances full of new acts (although they are different), but seen through the eyes of the same state of consciousness?

Why then, do we arrange to go out?

It seems we always need to do something different; it is anxiety... Maybe in order not to be in emptiness, in inaction, one goes for action.

Although pleasure or displeasure may be found in entertainment, that search can only be unconscious, because consciously one would only seek pleasure. It would be a natural search for pleasure, maybe in the consciousness of nature; therefore, an act dictated by the universal mechanism itself.

We know by intuition that pleasure or displeasure may be found. And what makes us constantly search for something is a natural force of the great mechanism.

Then comes the question: Why? For the search for knowledge, in an incessant search for identification with the Whole.

Since it is not a man's force, the human being can be seen as the one who has the need for that search, motivated by anxiety and driven by a natural force in search of knowledge.

The control of that anxiety is given by total education, which eliminates anxiety, because it brings Knowledge.

So, the anxiety generated by routine, motivated by the lack of knowledge, makes us go for action, and consequently, education, as we go through experiences that lead us into acquiring knowledge.

What does this mean? Going through evolutionary cycles, from phase to phase, when you then have the opportunity to expand yourself.

That happens through the very vibration of the universal system, that drives the earthling to a super-anxiety and, inexorably, to knowledge.

The exercises and everything else there is in PRÓ-VIDA come as accelerating factors to this condition of being always receptive to receive the natural forces that will always come to propel you into evolution.

Is that search for different kinds of entertainment good or not? The answer can be yes or no. It depends on each person. The repetition of any subject may or may not be routine, as long as one can understand that a statement made for a second time may expand knowledge.

*March 29, 1980*



here is something great, too big for our minute brain to form a concept of. Something magnificent, that can't as yet be comprehended by a brain that has as elements of reasoning only three-dimensional themes.

As new elements – elements that are considered abstract – as these elements begin to form a small image in a brain, as inconceivable as it may still be, the realm of all possibilities starts to appear, and comprehension begins to be established; understanding gradually comes and the general change will take place.

Therefore, no matter how much you want to try to rationalize, you can rationalize with all the subjects concerning the rational plane, rational now, which doesn't mean eternally rational.

I mean that, while we only have three-dimensional elements, our brain will reason with these elements. Therefore, many possibilities that exist don't find in our brains the so-called logic today, since our brain doesn't have at its disposal elements for the comprehension of all that which transcends the pure rational materialism of our days – which, by the way, is advanced.

*July 16, 1980*



*Wisdom consists in ordering well our own soul,”*  
said Plato.

Man plenifies himself when he understands what he calls Duty.

A new day may dawn for each one.

The Eternal Presence in Man.

Being in communion is Courage.

The state of merit to the Creator gives Freedom and leads to the state of Peace.

The reason of existence is the exercise of the useful function, at the point the environment needs. Then, you'll plenify yourself. As you recognize yourself as useful, you are in the logical chaining of things. Therefore, you are with God. You'll have to become solitary in this life and then you'll have the complete kingdom. It is good that the disciple be vacuum because then the Master can plenify them.

When the shell of the common personality is broken and the being gets in touch with themselves, pain and worldly pleasures stop affecting them. They already are in a different state of consciousness, a participant of the universal totality. It is like the immaculate Moon in the eternal sky!

In eternal delights lives the soul that finds in itself the source of happiness. The inner light becomes conscious. The spark transforms into resplendent light. The light becomes flame. And the flame finally turns into a Sun. There begins Life, the plenified Being. The state of recognizing the Creator. The Sun of righteousness. The Eternal Presence in the Being.

*July 23, 1980*





What could be, and who could know the most prudent act? Therefore, without error. Who on the face of the Earth could know it? Who could perform the absolutely prudent act? Within the absolute; not relative. Therefore, no matter how good we are, how evolved we are, how knowledgeable of Wisdom we are, the acts performed will always be of relative prudence, because we do not own the whole knowledge which would be the absolute prudent.

Precisely because it is like that, all changes are allowed, allowed by the analysis of all the circumstances that will always attempt to lead to points closer and closer to what is Just, to the Great Wisdom.

It's like when people propose to construct a building, and at a certain point of the construction, they notice, "Gosh! These windows are narrow! We'll have to get them made a little wider."

"But we've already made..."

"Yes, but take them down and get them made a little wider. Instead of four, put six, which will be better."

"But... hadn't you already decided on that?"

"Yes, but taking a better look now at the structure, we think there will be better ventilation. It will be a little more work, but let's restructure. Won't it be the best for everyone?"

"It will."

"So, let's go for the best."

In other words, the decision made, with all prudence at first,



because it doesn't carry all the Wisdom, is always relative and subject to change. These are the changes that will help us train; train and say that everything is subject to change, but under one condition: always for the better.

If the tendency is to always search for the point of balance, which is the real point of all Wisdom, change is justified. However, when there is change, analyze under this theme: if it is more just, if it is closer to the aspects of Justice. Then the changes that occur will always be the best and the apparent imprudence becomes prudence, when respecting the modification factors that may happen in a process.

Therefore, everyone here: in anything of life on Earth, admit the possibilities of change, without considering the preceding act imprudent, but a relative prudent, followed by a slightly bigger prudent, but still relative, and another prudent that is a little bigger and still relative, but always tending to reach the Absolute of Prudence.

But if people stated, on the contrary, that "it has to be this way because it was decided in the meeting of September 18, 1942..." then people in 1980 would say, "Come on, but it was decided in 1942! What now?" And that one, stubbornly saying, "I won't change, I won't, I won't, because my word has strength" would be the same thing and would lead me to say, "Your word was strong, because before, based on your word, the conduct was good, and today it shows that there has been no evolution, because when there is evolution, the word also changes." Therefore, when



having the word and keeping it, keep it within Principles, but with the Wisdom that Temperance teaches at each movement of life, to really be faithful to the primary cause, which is to achieve the Absolute of Truth, of Justice, of Freedom, and of Peace. When showing there is evolution, there must be movement.

(...) Therefore, facts that occur lead us to make decisions closer to the Great Justice.

Now, where can you be infallible? In the Absolute. Who is infallible? The Absolute. Only. And how to get to the Absolute? Starting to ponder the changes until you get there, because otherwise you will never get there!

Therefore, the very movement of life leads to acts of repeated “prudences”, always relative, that might be considered “*imprudences*”. But the term imprudence only really appears when there is harm to people. However, in an act of change, someone may feel harmed while looking only at the partial, and not at the Total, Higher Justice, observed in accommodating a better form for all.

*August 4, 1980*





he eyes are made for seeing; the ears for hearing. In the course of the passage, experiences build up.

May the eyes start to recognize what is good to be seen, and the ears learn, while going through the experience, to select what should be heard and what shouldn't be heard.

At the end of evolution, so that filth doesn't ruin such beautiful eyes that already know how to see such beautiful sights, the eyes only open to see the most beautiful things.

I believe, I am sure, that what I've said is within Logic, fits within Reason. I believe that in these moments of profound Wisdom, profound Comprehension... I believe that in these moments where the Absolute is manifesting itself in Charity, in Goodness and Love, only the purest eyes are open.

Therefore, because it's within Logic, within Reason, within the Absolute, I believe: Christ is seeing with His own eyes these scenes.

*September 7, 1980*



Many people pass in front of a castle. Inside, there is a party. Many pass in front of it. The doors are open and many don't go in, they'd rather stay on the street. And for knowing this, people leave the castle doors open.

If we analyze why people don't go in, we get to a great secret, and, since it's a secret, you can't say why people don't go into the castle.

Some people talk, others listen; some people write, others read. However, neither the one who talks nor the one who writes manages to transmit what they said or wrote. Maybe this means that it's not always of use to read what was written, or hear what was said.

The people who walk on the street, who pass by the castle whose doors are open, are those who read and hear. And the fact of reading what is written and hearing what was said doesn't necessarily mean that the message was received by the sight and hearing organs. So, those who walk on the street, also don't necessarily see that there is a party in the castle and that its doors are open. That is why they don't go in

(...) On the surface is the deep, and in the deep, is the surface. It's a matter of inversion. But neither on the surface nor in the deep is contained the Truth: it's in the balance. It is the middle point.

That is why one day there won't be beautiful and ugly: there will be more beautiful, more beautiful, more beautiful... infinitely more beautiful; and, on the other side, less beautiful, less beautiful...



infinitely less beautiful. And the words that give a reason of being to the analogy of opposites will disappear from the minds of those who will inhabit the world of balance. On that day, a flower will always be a flower, and everything will be Peace, corollary of the point where you are.

Travel the distance and know to stop exactly at the point of balance.

*September 19, 1980*



## DIALOGUE TO A PROVOCATION

[*Provocation*]

“It would be cowardly on my part to argue with you, since I know all your complexes.”

“Well, I know yours too, and I’m ready to argue.”

“Now, if you consider mine superiority, then know that I don’t argue with inferiors; but, if you consider mine inferiority, there your cowardice is manifested.”

“So, you consider yourself beaten and refuse to argue with me.”

“Winner or beaten, it doesn’t matter to me, since this is what wisdom teaches me: let the will of the smaller be done.”

“I think that running away is what is the manifestation of cowardice.”

“What you think should be kept and used, for it may be a wise treasure.”

“Words and more words say nothing. However, I still believe that...”

[*goes back to the original provocation*]

“If you pay no attention to words, how dare you want me to pay attention to yours, of provocation?”

“Because mine are an attack on your integrity of thought, therefore, a question of honor, and yours are an escape due to cowardice, due to the alleged honor that exists in you.”

“This that you have just said can only strengthen my desire

to not argue with you, since what you believe to be attacking, does not receive from me the name of honor and therefore must be a reflection of another of your complexes. And if I don't deign to consider your words, it's because the subject that they express is for me a point long overcome."

"Well, I insist that, when seeing your way of thinking being attacked, you don't react. This should be considered a cowardly act, and therefore, all your words and ideas, without effect."

"Well, I say that if the way of thinking, words and ideas could be understood by all men in the same way, there wouldn't be people with complexes, or arguments. It's a question of intelligence limit, and refusing to argue is a question of comprehension."

"So, how can someone be elucidated without arguing?"

"Doing what you are doing now, that is, asking questions: a sign of recognition of inferiority. Goodbye."

*October 4, 1980*





believe that all of you have already understood that all perceptions are directly connected to Feeling and that Feeling is a state of consciousness. Comprehension of the Whole is a state of consciousness; for this reason, it varies from person to person – from person to person who intends, who has already reached a point of wanting to know the Whole consciously.

Of course, in a previous level people move only with the unconscious desire –unconscious fear, which is an unconscious desire – for knowledge of the Whole.

Who am I? Where am I? Where do I come from? Where am I going? Everything expands and the *Who Am I* acquires greater proportions. The *Where Do I Come From* and the *Where Am I* no longer need to inform space.

But, in the beginning, the answer to these questions is still quite limited to space and time. And people have these questions at the unconscious level. Having these questions at the unconscious level, not getting any answers, they become a dark point, a point without light, a point without knowledge, and this generates fear.

The analysis, the study, the mind going forward, trying to go deeper... Through all gathered experiences, the mind then manages to acquire knowledge, and knowledge gradually manifests by the expansion of consciousness; therefore, feeling, having a different perception of the Whole, of who we are.

I believe that everyone can get to feel the Whole as it is. Feeling is what will really generate Peace.

And then, the responsibility of your function towards a whole world, the Whole, which is always present within you, enters you. Suddenly, you discover why and what you are useful for, since you have this knowledge.

The highest objectives, then, enter you, and you start to follow this instant of life, which is earthly life, only to have fulfilled, to help fulfill, to see fulfilled the highest Principles of the Absolute.

You then become someone who is no longer driven by factors from the unconscious, no longer led by inferiority or superiority complexes, no longer led by curiosity, just to see what it's like or how it turns out. No, nothing like that! You move with the feeling that that objective is the only useful point, the only point where you reach the purpose of existence, the only point in which you are necessary, without obligation, without forcing, within what is natural that has been established by Feeling.

*November 29, 1980*



everything that exists in humanity is always relative, therefore, subject to conditions, subject to circumstances, subject to what we call time. Time, hour, minute, day, month...

Relativity within time is what exists in the mind of men. That is why men change. They depend on time, depend on the hour, depend on circumstances. Always the *depend*.

If we try to find, here, some points outside the relative aspect, if we look for points more within an absolute, within something immutable, something greater, whose relative is not known, then we can fix the point, draw the line of conduct, a process of evolution.

(...) One day you will come before an absolute, sooner or later – because it's still relative. But one day, you will find it.

*December 16, 1980*



What is a friend? Who is my friend? And then everybody transformed into... semi-secret friends! Because you could be my friend, you too, you too, you too, you too... And then I began to look at a friend on the outside. But will I look at the face... If he has the face of a nice guy, he's nice; if he has the face of a bad guy, he's bad... I began to choose friends. And how to choose a friend? At this point, we were 14, 15... 16, the phase of adolescence.

Friend! But the word "friend" was behind, it was within. It was strong. And then I discovered the elements that I should find in a friend, who the friend should be. And I discovered a great secret friend. I want to describe my secret friend to you.

Oh my! How will I describe my friend, my great standard-secret-friend! It's difficult, it's difficult, it's difficult, because I don't know his size very well. One usually describes, "My friend... he's wearing... he's tall, bald... He has long arms... he's fat, he's thin... he's wearing such and such clothes..."

But my friend... I can't describe him well! I believe I can describe him like this: I don't know his size, because he is very big; so, you can't see his whole size. I don't know if he has green eyes or black eyes; actually, I don't even know if he has eyes. I don't know if he has a large mouth or a small one; I also don't know if he has a mouth. I don't know if he has long or short hair; I don't know if he has hair. It's difficult to describe my friend...! I don't know if he walks fast or walks slowly... Actually, I don't know if he walks. Oh my, how can you describe a person?



Well, Philosophy says that to describe a person, you can use the works of that person, what that person does and their representatives in the work. Then it becomes easy. This way I can describe my friend.

My friend... He has many representatives. He has many representatives here, here. One of the representatives of my friend are the ants. The ants! My friend, through the ants, teaches me to work. He teaches me to work, a lot, a lot, a lot, a lot, even if a wicked foot spoils the anthill. My friend teaches me by way of the ants, to work, always, even when everything is...

My friend has more representatives; not only the ants. He has as a representative the flowers. Flowers! He teaches me, through the perfume of the flowers, through the color of the flowers, through the beauty of the flowers, he teaches me that one should love the pure, pure, pure, pure, pure, the purity in all its splendor, the purity of what's natural. Yes, my friend has a representative: the flowers! He teaches me a lot! And if somebody has already recognized, they may...

There's more. This friend of mine has another representative: it's the birds. The birds! My friend, by means of the birds, tells me that one day I have to reach the heights! He tells me that I can learn to fly! He talks to me about freedom, when he lets me see his flying representatives. He talks to me about heights, he reminds me of so many things when I see the sweetness of the birds! And through the birds he teaches me something that's also very important: he teaches me that it's necessary – even being a bird, free; even... – he



teaches me that it's also necessary to struggle for survival, just like desperate seagulls fighting among themselves over a piece of garbage that comes from the vomit of sailors. Even so, there's struggle.

My friend is this. This is my friend.

I went searching for this friend. Hard to find! But I started to see in people that "better piece" that had this and suddenly, I found one, found another, and another... and one of them said, "Look, I know somebody that also has this deep inside," and brought, and brought, and brought.

And then I surrounded myself with friends. Friends, each one with their own specialty: some of flying, others of standing with their feet firmly on the ground, others of having the strength to fight, others who taught me prudence, others who taught me temperance... And together we went in search of Peace.

Friendship! Something noble, great, something that gives reason for my existing now! Now, now, at this instant, if I should have a heart attack or something and my heart should stop, please, don't leave the room. Come, at least, to see the expression on my face and you'll see that I'll be smiling, I'll be joyful, I'll be happy: I passed on the Earth and I found friends – you!

And it's so good to have you! It's so good to have you! It's so good to have you for that bitter time! It's so good to have you for that dark time! It's so good to have you for despair! It's so good to have you for sickness! It's so good to have you for health and pleasures! It's so good to have you! It's so good to have you because, above all, we can raise a flag, now, here, right now: sublime flag,



glorious flag, the flag that fulfills the original objective of man on Earth – the flag of innocence.

The boy has fulfilled his purposes!

To all of you, thank you very much. A Merry Christmas! A better and better New Year than this one. Because within my heart, that I want to consider a candle, you are the flame. And I offer myself as the candle, so that you, with your flame, will extinguish me. But give Light, at least to a small dark room.

Thank you very much, everyone!

*December 22, 1980  
At the PRÓ-VIDA Secret  
Santa (“secret friend”) Party*

DR. CELSO CHARURI



## THE DAY THE WIND GAVE WAY TO THE BREEZE



Without the knowledge of their own intrinsic nature, the plants lived trampled, whipped, and tormented by a sovereign: the wind.

The latter, not even knowing its own limitations, used its maximum quality: the windstorm, and imposed itself. Imitated by its poles, the rain, fire, and earthquakes that, out of recklessness, transformed themselves into storms, lightning, volcanoes, and earthquakes.

Being self-abnegated from their inferior situation before such powerful forces, the plants lived and died without knowing LIFE.

Reduced to a perennial plan under the imposition of such forces, they had tried several ways out when it occurred to them, as a way out, the ACTIVE REACTION.

For centuries and centuries, they tried to oppose the windstorm and they always ended up wrecked. They tried with the storms, and ended up drenched. From lightning, volcanoes and earthquakes they only got destruction.

However, one seed, one day, taken by the windstorm itself, fell close to a willow, and there it grew. One day, during the manifestation of a windstorm it saw the willow bend and get away without a scratch from the destructive force. It transmitted, then, this message to all plants, which it called PASSIVE REACTION.

Soon after, no longer having a reason to spend so much energy – and even so not being able to impose itself – the wind



stopped whipping up storms and simply started being called a breeze, and understanding the equality of positions in the same territory, it started to distribute caresses, and with that maintain its own existence.

The other forces followed by IMITATION, and the rain turned into drizzle, the fire regulated itself to tender warmth, and the earth embraced all, without further tremors.

*January 18, 1981  
After a donation ceremony of the  
General Center for the Tithe.  
Published for the first time in the  
August 1981 Newsletter*

DR. CELSO CHARURI





When you are idle, not working, you are discontented, you become sad, because you are delaying your arrival to the point you want most.

(...) Work is everything. It is everything in the relative, and it is everything in the Absolute. I would say work is the relative life of each one and it is the absolute life of all and of the Whole. Do you know why? Because it is energy. And energy is movement. The Universe is movement. And what makes movement is work.

Do you want to be happy and joyful all the time? Objectivize. Give your work an objective. Objectivize your work: everything you do, do it thinking of building your objective, which is Happiness.

But Happiness can't be achieved only at the individual level, because if you build happiness only for yourself and remain among unhappy people, they'll suffocate you. (...) They'll destroy your happiness. There's only one way: to eliminate what is bad. To eliminate what on the outside is bad, you have to build something good on the outside. So, to achieve happiness at the individual level is to achieve happiness at the collective level. In other words, it is to build a Much Better World. Therefore, in every work, in any sector, direct your energy to building a Much Better World. (...) In every little piece.

Don't be selfish. Do the best to the other and the other will be so pleased, that two, four, six, eight, ten, a hundred, a hundred thousand, a million, millions, the whole world will share the building of a Much Better World – starting from each one. And this is the point of Happiness.



(...) And then, having directed the work and your energy to the point of the objective – the Happiness found not through egoism, but through altruism –, you begin to work on each point, always dedicating it to the Much Better World. (...) You can be sure that you will then be blessed and will have all the graces one can get in the Plane where we live.

*February 4, 1981*

DR. CELSO CHARURI





What would the world be like if everything stayed exactly as in the last instants of a Harmony class? If we could perpetuate that instant for 80, 90 years, the length of a man's life on Earth!

What would the world be like if we could perpetuate that moment of the fourth dimension?

What would the world be like if we could perpetuate that instant... for example, the Secret Santa, when we talked about Friendship?

(...) What would the world be like? It would be a Much Better World.

Why? What, then, defined a Much Better World? What defined a Much Better World was what you and those around you felt.

Stop to think about it: what is a Much Better World like? The Much Better World is that which happens when you are extremely free, happy, and those around you are as well. Therefore, the Much Better World depends only, and only on you.

(...) How do you achieve a state of a clear conscience? We achieve the state of a clear conscience when we see the road, we follow the road that leads straight to the Objective – the main Objective, that you accepted, that you bought.

I always say: maybe... it may be there won't be enough time for you to see the whole world Much Better. But you can have the Much Better World if you and those who are with you hold on to those moments mentioned: after a Harmony class, after the Secret



Santa, the Friendship day!

If you don't cultivate individuality – you as an existing being, you as someone who exists, who is here – you will never achieve that state, that instant. Even so, everything around you will always favor that instant. Everything! Life itself will teach you, even through that which is called suffering. But if you are a point that is in that moment of Harmony, you automatically drive it away from you.

Therefore, if you want to avoid suffering, avoid all suffering – and that possibility also exists – you have to live, to expand those instants of Happiness.

*February 6, 1981*

DR. CELSO CHARURI





we have been observing a behavior that comes from a lack of comprehension, a lack of understanding, or from the partial understanding of what we have been stating here. The questions, or partial knowledge, derive from the fact that each one retains only what interests them.

Let's imagine that the TV is on, and an engineer, a doctor, a housewife and a philosopher, someone who likes philosophy, are watching a show. So let's see these people's behavior.

It's a lecture. When the lecturer is talking about the medical aspect, the doctor will open his ears to it. When they talk about cooking, the doctor won't retain that knowledge, because they don't feel the need, since that is outside the limits of their action. But the housewife will pay attention! And the engineer, to their part. And the philosopher, or someone who likes the subject, will consider the mind aspect, and so on. Each one will consider, will stop at their point of interest, their need. However, a set was transmitted.

If everyone acted not only according to their own needs, but to the needs of others as well, if they acted with the comprehension that from each one of their acts will result harmony or disharmony to others, then the lecture would be heard in its whole, and they would behave accordingly: there would be harmony.

However, when one hears, knowledge is always partial; partial according to people's needs.

(...) No one can be harmonic if they haven't analyzed the pieces of knowledge, and particularly the knowledge inside them.



Therefore, without an inner analysis, no one can build anything better.

Condition is required, and condition is acquired through analysis. Otherwise, everything remains the same – hence, partial knowledge.

Therefore, when stopping at a piece of knowledge, pay attention according to everyone's needs, because that is integration. Then Respect arises.

*February 26, 1981*

*In a lecture to young people*

DR. CELSO CHARURI





everything that happens and that leaves you *incontented*, dissatisfied, is a consequence, is your share. It's what we call merit. Merit! When you become conscious that exactly everything, your life itself, that everything that happens is only merit, when this enters you, there will be a very big change! Serenity begins to appear.

Everything that happens to everyone is the result of merit!

What does Merit derive from? Merit derives from the application of the Law, the Great Law, Universal Law, and you can't interfere with this Law because it's Absolute, it's just, it's narrow, there's no room in it for any other opinion, there's no room for any modification. It's just in itself, this is why it receives the name Justice. The application of the Universal Law has as a resultant what you deserve.

But there are people who don't even know the Law! And those, who don't even know the Law, are the ones that rebel. Because if they knew the Law, knowing what would happen, what they would deserve, they automatically could prevent the occurrence if they wanted to, by following the Law. Or even go against it, and have, as merit, that which manifests within the personality as anguish, *incontentment*, dissatisfaction, unhappiness, disorders, conflicts...

But someone who doesn't know the Law doesn't even have the opportunity to get rid of annoyances. Therefore, they're being led, they're in a sea of thorns and there's no way out! Except when something awakens in them and then they go out in search of the Law to be able to avoid those aspects.



There begins the struggle. There begins the fight between accepting the Law or accepting what you want. However, since the Law is just, there is no room for what you want: it will do what it wants!

There is only one way: the way of Truth!

Well, you've already noticed that most people who live in anguish, who are *incontented*, or in crises, want what they want, they want their will to prevail. But they don't even know where they want to go, or many times they don't even know what they want. Total ignorance of the Law.

Total ignorance? Of course, it's an error of education. It wasn't taught. Who was it that taught it to you? For thousands of years, who is it that has been giving consciousness of the Self? Who has been giving this? No one! Of course, a few took this upon themselves. Took it upon themselves to give consciousness of the Self. But in what way?

(...) Of course, a new world will have to be born with a new school as well. "New wine in an old skin..." Everything has to be new. Therefore, we won't reform, we won't revolutionize, we won't fix it. No. We will build something completely different. New foundations.

*March 4, 1981*





In the experiences that occur during life, sometimes there is one that certainly you have been through, and that indicates the existence of something besides the physical, material body.

We are talking about that experience in which the articulations are all elaborated by mechanisms whose parts are not in the physical body. The brain itself stops working, as if incapable of understanding what is going on. It is like a whirlwind of unfinished thoughts, thrown around without logical arrangement, unordered, occurring simultaneously within a same space-time.

Given the impossibility of knowing what is going on, the brain fails, and at most, releases hormones which drive the body to a state of defense, alertness: anxiety, fear, depression. However, you know you are there, but lost, for not having a question to ask, or whom to ask it to, in order to decipher what is going on.

Cogitations?

Without reasoning, without reason, without logic...

Who produces this state? What produces this state?

The answer will be found in the study of your Mind and what we have just described is part of the anatomy and physiology of an invisible body, although existent, that is called mental body.

*14 de março de 1981*

## AUTUMN



In Autumn, when the fruits abandon the trees that gave them birth and cast themselves onto the ground...

In Autumn, when green leaves lose their lushness, and stop feeding the plant with their metabolism of ethereal nectar from solar radiation and abandon it...

In Autumn, when birds migrate to new lands, leaving silence and sadness around the trees that sheltered them during the good seasons, only to listen to their merry, festive singing and asking for nothing else...

In Autumn, when the very earth that benefited from its cool shade becomes dry and arid, denying nourishment...

In Autumn, when all those who admired and profited from its beauty also abandon it, the tree remains alive and serene. It doesn't lose heart and waits. It knows its mission and doesn't despair. It doesn't hate or take revenge. It knows that, following humiliation, exaltation will come, and for that reason waits with stately Courage for Winter, which will cover it with gray, muddy clouds of humiliation, in a final attempt to destroy it.

Nevertheless, in its sap runs the Spirit of the Eternal, and this the tree well knows, is aware. And, in a passive, resigned attitude, it understands the ephemerality of the times.

Then, after these have passed, it sees a bud appear on its farthest branch, as if announcing the rewards for such great Courage. It is Spring that is arriving.



And, again, the earth goes back to giving it nourishment, the leaves come back in their green of Hope, birds come back to shelter in its branches and flowers and fruits adorning it and, at last, people admiring it. It is Glory, although transitory, too noble to be disdained.

In Autumn seasons, know how to imitate the tree.

*April 8, 1981*



On the face of the Earth everyone has the opportunity to shine through the 7 rays, because light, when in its plenitude, is in the shine set of 7. But 7 is just a number that is relative to our Plane. There are other rays, that when they join together, will give a type of light different from that which exists here.

Therefore, start the shine now. Your Responsibility. Meditate on the Friendship you have towards your Objective. Words are just words and are of no use: I want to see it happen. Since we have the conditions, we'll have to give to those who want to take. I hope you make use of the opportunity that is being given to you. Shine in everything.

*May 21, 1981*

DR. CELSO CHARURI





Traveling is useful to check how things are out there. The world is in crisis. Everyone bleeding. Everyone searching for the same thing: Peace.

They tried for Peace by improving the environment: they achieved a very advanced environment. They tried to make man happy through a happy environment. But they got it wrong, because man isn't happy.

So, we must come back and verify that something better will only be built when it is the opposite: the environment has to be a product of Man.

Does man have to be a product of the environment?

No. Man has to be Good!

*May 22, 1981*



think I know what happened in the beginning. I think I know. I think that in the beginning there was no sound. Men couldn't pick up sound. Men didn't have cells that could pick up sound vibrations. And the whole world was a total silence. Not because there was no sound, it's just that men couldn't pick it up.

Until, with time, thousands and thousands of years, the veils that closed the ears, the eyes, the cells, started coming out. With the removal of the veils, men gradually started hearing the sounds.

When some of the ears' veils were nearly removed, man heard the sound of water for the first time. He was amazed with the sound of water, but thought that this was the only frequency that existed, only the frequency of the sound emitted by the waters. And man became amazed as he heard the sound of the waters.

The Universe was no longer silent. Man went on, and the veils kept coming out and new frequencies could be picked up.

I believe that at some point man started to hear another frequency, another sound: the sound caused by the winds. He then had two sounds: the sound of the waters and the sound of the air, of the wind. Two elements of nature gave man the perception of the Whole he was in. And man thought everything was water, everything was air.

I believe that as time went by, more veils were gradually removed. Then man discovered another sound: the sound that was produced by earth. The sound of earthquakes, the sound of particles... the small sounds, the big sounds, started to be heard. And man then understood that on Earth, where he was, there were



other frequencies, with which he could integrate: water, air and earth. Man was living in this triad.

One day, after a long time, man discovered, by the removal of the veils, one more sound: the sound of fire. The salamanders of fire emitted sounds. Man realized: he put together the sound emitted by salamanders, the sound of the gnomes that existed on earth, the sound of the undines that were in the water, the sound of the elementals that existed in the air. Man understood that he had removed the veils from his ears. Four frequencies, four worlds that lived in a quaternary plane.

He then, with these sounds, tried to integrate himself. He himself, man, started to produce the first sounds. He tried to imitate the sound of water, tried to imitate the sound of fire, tried to imitate the sound of earth, tried to imitate the sound of air. Studying, studying, searching, one day man discovered that he could combine all that, and then he formed the first harmonic ensemble. Music appeared. Music appeared, the first ensemble, which was the ensemble that was translated by sound, by the integration of the environment he lived in. Man was integrated by the environment, when he heard the total sound of the environment.

This man, then, became differentiated among all other men, because he was a man without veils: he was a man who was now able to feel the harmony, because he was integrated. This man was then called an artist. Time went by and the artist remained as the one that has the knowledge of the Whole, for he is the one who is integrated with the Whole.



The artists tried to manifest in the most different ways: some through painting, others through sculpture, others with a wide variety of instruments.

Some of them made history as they managed, through their hands, and especially through their feeling, to externalize the maximum of the feeling of the integration they had reached. They manage to bring into the relative world all they have within their hearts, all that abundant source, all that nectar, as if the heart's floodgates had been opened, pouring out the nectar to all those who are able to feel this sensitivity, and drink from this nectar, the essence of God, in an act of Goodness, in an act of Mercy, in an act of Giving.

*May 24, 1981*

*After pianist Olga Tarlá Silva's  
recital at PRÓ-VIDA's Cultural Center*



ight at the beginning of civilization, they cultivated the Higher Self, the Self that knows what is right and what is wrong.

It takes Courage to put into practice what is right; otherwise, conflict appears.

What prevents the right part, the Good, from manifesting, is precisely the part that constitutes the lower self, the flesh.

Men used to cultivate the Higher Self much more. Ancient civilizations, even before Egypt – for those who have had the opportunity to read something about this – used to cultivate the mind, and so had the opportunity to know, to discover the world they inhabited.

The change was gradual. They began to cultivate the body. One of the first was the Greek civilization. But something was very clear: the cultivating of the mind and of the philosophical aspects. In Greece, great philosophers flourished, who indicated conducts that remain until today. They were the ones who kept the knowledge that came from previous civilizations.

The modalities of physical development appeared. The Olympics came: groups of people participated in competitions. While at the arena wrestling was taking place – an expression of the development of the body and of physical strength – in other cities in Greece philosophical meetings were being held. They discussed concepts and norms. There, the man who participated in a philosophical discussion was also, in a way, aiming for supremacy, power through the aspect of mental development.



However, the lower self seems to have won, and philosophers ceased to be heard by the rulers of the time, who were previously protected by the court's wise men who dictated the norms, the laws. They came to be protected no longer by the advice of wise men and philosophers, representatives of mental development, but were now defended by armies, who had developed the physical aspects of the lower self.

Man began then to cultivate aspects of defense.

In today's society, there has been a mixture: man, making use of all his mental development, uses it to build weapons. Today we have beings with so much knowledge, enclosed in laboratories, but not to solve something or to reach something that is an expression of Good for Humanity, but to build bombs that kill.

They say we have to protect ourselves! Of course, I believe that we have to protect what is good with all our might. But what is man defending? Safeguarding what? A lost society? A land contaminated by pollution? To build weapons for what? To guard what? Defense of what?

The higher forces, knowing this, and even predicting it, allow everyone to go through experience. In view of this, they decided that Earth would go through another stage. As we said in the Basic Course: the Psychic stage, where man would again cultivate the mind, discover the Universe in which he lives and all that exists around him. For some years now this has been happening.

There are many groups all around the world, groups that cultivate the mind for a higher understanding of everything. We



are one of these groups. I can even say: black belts! We are here, doing this, until the day that you all have total confidence in the mental force, in such a way that weapons will no longer be needed, because men will have much greater strength than that which the protection of a machine gun can offer. But for that we need to start with small things, small exercises, until one day everyone can see the weapon for protection from the environment created within themselves: force, mental energy at the service of Peace.

We have a vast program, very intense. It takes a while, it's long, but it's possible. For those who want, we'll keep our doors open so that we get there.

It is also important to say that a kind of harvest is being done, as it must be, and there is already a privilege, a merit within each one who, with the passing of the times, has removed many veils! They are those that have the merit of being able to capture vibrations that are a little more subtle. This is privilege! That is why they are here, answering a call from us. "He who has ears to hear, let him hear!"

*May 29, 1981*



This is a time dedicated to a different body, the mental body. Everything we are results from information that, before reaching the physical body (in other words, before manifesting itself through the hands, through words, through conduct, because everything our three-dimensional body does is just obeying orders that come from outside)... information that, before reaching the physical body, is filtered, analyzed and integrated into a body that is called mental.

When all this is well comprehended, you will also understand why use this mental body. And when you have well used the mental body, the manifestations of the physical body will be much better. Then that time everyone aims at will come.

Why aren't the manifestations already better?

The human physical body manifests itself through words, emotions, and conducts.

Since the physical body has higher manifestations in comparison to the other beings on Earth, everyone will have to take a step further and then will understand the other body: let's call it spiritual body.

Before arriving at the mental body, this already being well developed, these orders go through another body, that we call spiritual. Then you will develop the Real because the mental body is illusory, as the physical. Reality begins at the spiritual body. Begins. You will, then, do exercises to develop the spiritual body, and the mental will improve more and more, and in sequence, also the physical.



So, once a week we stop and, for one hour a week, all of us that are here, dedicate ourselves to the training of the mental body. At first, confusing for some, others apprehend more, but with time everything gradually becomes clear.

I still want to say something about suffering and happiness. Never put your point of happiness on an ephemeral thing. Every time you are suffering, you are putting your point of happiness on something temporary.

For example, people put their point of happiness on another person. If you do that, you are walking the path of suffering.

The other day I asked someone, “Do you like me?”

“Wow! Do I like you!” the person said.

“I am the reason for your happiness? I’m going to die!” And that way you’re going to suffer! You’re walking the path of suffering. Don’t put your point of happiness on me, but on what comes from me, on what results from me, and so with everyone else. This way, you will be eternally happy.

Passion is ephemeral. Here, objects of passion are ephemeral, temporary. The day people understand this they will have discovered a greater reason of life; they will have discovered immortality. Every person that suffers does not have a lasting point of happiness; they have an ephemeral point of happiness. If you move the clock forward a little, you already know you will have to suffer.

Where is your point of happiness? Analyze it and do a premonition: are you going to suffer or not? Is it ephemeral, temporary, or eternal?



It may be hard, but it is very beautiful! With what joy the Creator makes our evolution...! He placed ephemeral things and left the choices to your free will.

How are you going to evolve? With the suffering you will buy? Is it suffering that makes you evolve? No. Suffering is a consequence of your non-evolution. There isn't an element of suffering that you pick now and say, "I'll evolve". It's no use putting your hand in the fire to suffer; that doesn't evolve you!

Ask yourself: what is your point of happiness? and see if you are on the path or not.

This is called the path to Freedom. Do you want to know how you are? Do you want to measure yourself? Look at your actions: does your physical body respond to what your Mental Body knows?

*June 5, 1981*



How much time, how many times, how much space must be taken by each one until, at last, they discover the real meaning of Life?

How long must people remain in the attempt of recognition?

Could it be that knowing oneself again, or recognizing oneself, is so difficult?

Could it be that people, with everything they have to see, to hear, to touch, to try, don't understand, after all, who they are, where they come from, and where they must go one day?

Could it be that difficult? Could it be that difficult?!

Could it be that the god of matter is so mighty as to defeat the God that made [everything,] including matter?

Could the part be greater than the Whole?

Could it be that the rational and transcendental logic disappears within the individuality of the people that live the times we live in?

Could it be that people don't feel it's logical that the creature can't be more than the Creator? And that the creature, us, and also the god of matter, were all created by a God that is greater?

Could it be that people, someday, won't stop rendering homage to the ephemeral, the transitory? Could it be that it's impossible, or could it be that technology will have to come up with a shot, a liquid to be injected into each one's veins so that at last we can recognize who we are?

Could it be that through the philosophical, mental, experimental processes, a big laboratory hasn't been given to us?



Could it be that our sensory organs don't represent sensors that check our everyday experiences, of the everyday of every year, of all the existing years in every century in our history? Could it be that those sensors don't send everything to a brain, to a computer? And could it be that we don't already have a big laboratory to provide us with the answer?

What more is needed? I even wonder: if people didn't have legs or arms, if they were deaf, dumb, blind, and were placed here, could it be that as centuries went by, thinking, meditating they wouldn't have greater chances of finding out? Nevertheless, I believe that the Creator really knows. The Creator really knows why we have the elements of manifestation: legs, arms, voice...

Could it be so difficult to recognize right and wrong?

How many veils are there hiding the divine spark?

(...) Even the work of recognition has been done. And is being done. And will be done. The task is much easier now. The task at this point is simple!

All you have to do is put an end to hypocrisy!

All you have to do is put an end to what is wrong!

All you have to do is remember that if you are not, you don't deserve!

All you have to do is remember that there is a remission of errors!

All you have to do is remember.

(...) Stop trying to take the path you know is wrong. Expose yourself to the light. Stop walking in the darkness.

(...) What more must be shown? What more must be done?

*June 10, 1981*





dwarf or a child comes near the Pyramid of Cheops and says, “Either you give me some ice cream or I’ll knock down the Pyramid.” Then you say, “I’ll give you the ice cream because I see you really need it, for if you really understood the meaning of this Pyramid, you wouldn’t trade it for ice cream.”

When someone offends, first see what, and maybe you’ll give them the answer given to the child regarding the Pyramid. Then you don’t take offense. You comprehend.

If anyone can mess with your honor, it means that your honor is not as strong as you think, because if you allow yourself to be shaken...!

The strong walk softly, nobly, persistently like a drop of water that pierces the hardest stone: calmly, serenely. One of the qualities of the really strong is to be wise. The strong are wise because among the things they have, one is that of being strong. Nobody can shake your Principle if it is unshakable to you.

(...) Within us we must have the Greatness. Within us we must have the Magnitude of the Greatness for the Ideal to be unshakable. That is exactly why it is *ideal*.

(...) Those who still consider the existence of opponents, it’s because within them they still have opponents, and it becomes very difficult to live with opponents.

The ideal is like a train that doesn’t stop a lot at the stations. All this will give you more conviction, faith, very great trust. Don’t stop at the stations. Don’t become attached to what others



call opponents, because the Pyramid is so great that it's impossible for it to have opponents!

(...) Follow what must Be, making an action of it, giving example of what you are, and so, you'll be actioning the force of meekness.

*July 2, 1981*

DR. CELSO CHARURI





When you light a candle for the first time, with that initial heat of the flame, people applaud, usually praising and glorifying the light that is lit.

But, as with everything in life, people let the emotions pass. They change and change, turning what was good into a passing thing, like the light and the candle lit for the first time. And with time they forget, they forget and they stop seeing what is most important: they stop seeing that when the candle is emitting its last light, when the candle is practically finished, when the candle is in its last bit of life, it is then that the candle gives off its greatest light. It is in that stage that the candle shows the most light: the light of a whole knowledge, the light of a whole experience, the light of a whole past.

And people don't know how to see this light. They only know how to see that initial light, the light of birth. However, the light of the birth, the initial light, the light of the first flame that is lit is little, small, compared to the final one. Because to lighten the paths of life, much light is needed. But to open the door to a new dimension, to open the door to another path, that's when the light of the candle must be very intense to break the barrier of this prison in which we all are: prison of the body, prison of the dimension, earthly, material prison.

*July 18, 1981  
On the occasion of the General  
Center for the Tithe donation  
to a home for the elderly*





acts happen, such as death. But life goes on.

Not everybody knows that life doesn't end. They think the opposite: that you die and everything ends.

Everything has life, everything is life. And when all the forces join together for a fact to happen, it is inevitable. Then each fact marks a new era in each one's life.

It is easy for one to say they have faith, but it is very difficult when the leaf that falls is from their tree. Then people try to stick the leaf back on the tree, don't succeed, and assume a different conduct: they deny it and become diabolical on Earth. They take the opposite of the true path. And then they hold someone responsible for what happened.

(....) Take the opportunity today and ask to be enlightened so as to understand that a leaf doesn't fall unless He so determines it. Ask to not have to go through the bitter experience – for total trust is in Him, who makes the Laws. Ask to understand that the leaf doesn't fall unless He so determines it.

There are paths other than experience, as we have already said. But if the path of experience is what you wish for, remember that it is He who determines and that it was you who chose the path so as to be trained for life. Ask for Courage to accept.

Earth being what it is, many are the different. We are going to use as an example a town where everybody respects the traffic lights. There are never any accidents. In another town, nobody respects them. There are always many accidents.

This is a place of different and differences. The different will also have different states of peace.

Everybody will have some kind of shock in life. There are no privileges while one is in the third dimension, subject to its laws. Let's suppose that on the Moon there exist supermen and that they come to visit us. They, too, will be subject to the laws of Earth, to the local climate.

On a limited planet, inhabited by different, conflicts will always exist. But we'll live in a world of Peace. Open yourselves. Take off the veils to see the Truth. There will be a Much Better World on Earth. If it depends on me, until the last instant.

Let it not be necessary to go through experience. Let meditation be enough. Begin by controlling your impulses. The day that you release those beasts from within you, you will automatically be free. Don't omit yourself. Try. In your conduct. You will be tested in your faith.

And then you will understand that the best happens to each one.

*July 24, 1981*



Once again, what is written in the “Great Man” text has been proven to us: *what he has doesn't matter to us; what matters is what he is*. The feeling of freedom and security that this confers is so strong! How I'd like for all of you to be able to feel this: the greatness of the knowledge when integrated in you – but fully integrated – when you simply are.

(...) Do you want a heaven inside you? Do you want a paradise inside you? Do you want a state of plenitude in happiness inside you? Divest yourself. Let go of everything. Remove everything that is inside. Become empty so that something that will take you to the happy state enters. And, if you have divested yourself of a lot, but have not yet found plenitude, the plenitude of happiness, you can be sure it means that you have forgotten to look inside that little pocket – forgotten or escaped? There must be a small speck of dirt there, something that weighs. With that removed and thrown away as well, you will be able to have total plenitude.

(...) Each one needs to take advantage of every opportunity, every experience, to recognize what is taking up space which, once freed, will allow for ascension. Ascension!

You have to be light to rise!

*August 5, 1981*



we want to be those who pass upon the world and help our neighbors. Dedicate ourselves. We're fine, and it's not selfishness on our part to say this, because our doors are open.

What is important is that a new race will form, and a new race isn't formed by imposition, but with the individual growth of the elements that will compose this new world. I'm sure that, we now, our children tomorrow, will be educated within these Principles. I can say that these days are near.

We get sad seeing the world the way it is, but what else can we do but offer our home, our Friendship, open doors, our solidarity. Within this apparent inaction we are doing a great action, you can be sure, because we are giving the Example, that says more than any word. It isn't omission either, because omission would be to not even want to know about it. We do want to know, and we get sad. Our feelings express our thoughts, and we do some things: in using our minds we do them, in the example we do them, our way of life speaks for itself, our actions, our conduct... Everything we learn, we do.

Because just asking for peace for a world that doesn't want peace is no use. If man wanted peace, he would have made the Ministry of Peace.

Therefore, we are satisfied with our conduct: we already have friends, our house, our table... a safe harbor.

After some time, a state of consciousness arises: we're not fighting, we're at peace. If one day this field full of seeds becomes a field full of trees of peace, we will have collaborated.



This training we do has enormous power! You're even harvesting fruit of a personal nature. Just by coming here and participating, you're already benefiting.

Medical reports demonstrate the value of relaxation for the general state of health; thanks to a weekly exercise. In the United States, patients go to clinics to do mental training: they have managed to avoid heart attacks from recurring. People with a deficiency of brain vascularization have also been doing exercises directing energy to the place where increased circulation is needed. The results have been excellent! There are hospitals that installed biofeedback machines by the side of patients' beds. By using them, they program themselves to have a quicker recovery. So, mental energy aspects are in fact greatly expanding around the world.

Program yourself: "I'm going to leave here charged with energy," to have all organs functioning well. To leave with mind, body, and spirit harmonized.

*August 7, 1981*



**B**irthday, representation of the Ideal. Nativity. Rebirth. The end of a yearly cycle. New beginning. As I congratulate someone on their birthday, I recognize their existence as a being. As I do this, unconsciously, I make myself recognized.

Someone only exists in an environment if to their right as well as to their left there is a reference point, even if relative.

So, even if the child doesn't have the capacity to understand this recognition that I give them, the favorable vibrational situation and the sense of Friendship, of Union of Ideals, that I establish as I consider them, mark emotional results, psychological results, and others, of the situation.

Later on, they may not have the day of their first or fifth birthday memorized, but will have in their Self the mark of recognition that I give them.

*August 10, 1981*

*Speech given by Dr. Celso Charuri*

*after speaking to his daughter*

*on her birthday.*



f the prejudices of a Collective Mind corrupted by selfishness have been eliminated from your mind.

If the concepts of TRUTH present themselves to you naked as a statue of Purity.

If the path to follow is already one, because it is REALLY ONE.

If COURAGE is present in your mind, PRÓ-VIDA will have fulfilled its initial purposes, for in you everyone will recognize a FREE BEING.

*August 11, 1981*

DR. CELSO CHARURI





Imagine that our body is made up of a lot of little lights, tuners, emitters, and transmitters with different frequencies. Imagine this bunch of points in your body, and in those of others, as well.

As you train, do mental exercises, you gradually place all this in a certain band, you gradually harmonize yourself.

There is an energy of the word, of the letter, and within the letter there's its meaning. Otherwise, we wouldn't know what the word means. Not just the sound, the joining of the letters. Within the word there's an emotion, an energy, the sentiment connected to the image that you have of that word.

Now, the image comprises all the facets of what something means, facets that often you just feel, you don't have conscious participation; it may be unconscious.

Smoke, what is it? It's this. This, inside your mind, is an image that has all the information of what smoke is, where it comes from, what the smoke does, the colors, its qualities, and characteristics. The color, if it reminds you of something, brings you an emotion; if of another color, it causes you a different emotion. And when I say smoke, it's not only this one, but all possible smokes: as to color, smell, and intensity. The recollection of something, a signal-sign – the process of memory.

So, imagine your body with sensors to capture sensations. And somebody says, I'm the owner of 400 oil wells in Texas. You say, "That's a lie." Why didn't you buy what they said? Why can you say, "I think it's not true"? Because the words spoken were loaded



with emotion, with the feeling – real or unreal, truthful or lying – that the person has and that, in the set expressed, you felt.

In a normal conversation, suddenly you enter into that state of being faraway. At that moment your perception is greater, for you who can already achieve a more harmonic state. Someone talks to you with their lights on as well. That person awakens in you an emotion of the “red” type. What they say comes loaded with that image, translated by the word. That enters you, hits your lights and these reject it. This is intuition, perception. At that time, you have some perceptions regarding the person or the environment, that is, the things of the environment.

Don't disregard these sensations. They are true, more real than anything. The training is slow. You don't turn into a sensitive overnight; but make use of the sensation, even if you discover something that you don't know what it is. That's already good. Later on, you'll find out.

(...) Sometimes you may pick up a perception that will leave you upset, sad. When this happens, do a really good analysis: “Could it be that it's me who is wrong, not accepting a perception that is just, honest?” And you correct yourself. Look at the person and know what to say to improve that person. Or know how to protect yourself from the person when this happens, because the aspect one picks up the quickest in this development is that of falsehood. Suddenly you notice a word of falsehood, or an atmosphere... You feel like not speaking anymore, like not going anymore, not going along with the person on that project



anymore. If you have the intuition that it won't work, believe it: it won't.

What I'm trying to show now is the following: Don't let yourselves be led only by the five senses, which are crude. Let yourselves be led by the finer perception. It doesn't mean that you should go around in alpha; it is also necessary for you to accept your five senses, which give crude answers and are suitable for this environment. But all of a sudden there is a perception: don't neglect it. Make use of it. That's how the training begins. Because one day even the physical part will react; it seems that the body, when it repels, is thrown backwards. You will be struck. And you will learn to get the body into a state to feel this. Or to feel and attract what is pure. It takes a while, because to develop power you need Philosophy. If there is no preparation, you may fall due to the egoistic aspects still in you.

(...) When you are in alpha, you tune in to the state you are in. If you are nervous, you tune in to humanity's aspects of nervousness. If in peace, you tune in to aspects of Peace in the Universe. If beyond, you tune in to aspects beyond the Plane. It is always your state that confers the tuning with the other state.

(...) So, how can people avoid aspects of mental forgery? When they are really free. This way, they won't forge what they are afraid to accept.

*August 14, 1981*



Have you ever asked yourself which is better, a vegetable or a man? Have you ever asked yourself that? Think about it: which one is better, a vegetable or a man?

What do vegetables do to harm Nature? Nothing. “Yes, but the vegetable is omissive,” someone might say. No. The vegetable stays still and man walks. Men have arms, legs, they move around. “Yes, but the vegetable stays still!” Yet, even staying still, the vegetable does something very important: it gives flowers, it gives fruit – to you. It’s not selfish. The vegetable feeds the animal. And man, who does he feed?

“And the animal?” The animal only kills to eat. The animal only steps when it needs to grab to feed or for a pressing need. And man? What does man do with his hands? Man takes to kill.

Which is better? A vegetable, an animal, or a man?

Once again, within you, the concept of Mind appears. What lies inside this so-called mental aspect that makes man the worst beast on the face of the Earth: he takes, kills, and gives nothing to anyone. All give! And man...?

*August 17, 1981*



ere we seek to develop the Much Better World.

Many tried to develop the Much Better World through the sword. So many in history ended up being burned at the stake!

Others tried to develop the Much Better World through revolution, through the hands, through the body! But their bodies were done away with! Others sought the Better World through the word, through the mouth, speaking. Many had their tongues cut out! No more tongue, no more Much Better World.

And us? We seek the Much Better World through the mind and we are certain and confident that we'll achieve this Much Better World, because, should they do away with the body, the mind continues. Should they take the body from this dimension, the mind already lives in another dimension.

And the mind of each one here in PRÓ-VIDA is trained to be able to place Truth, Justice, Freedom and Peace in this dimension, third, specifically on the planet we inhabit, the Earth

*August 17, 1981*

HOW IS YOUR MIND ?





Man arrives on the face of the Earth – a third-dimension planet – and, to enter, he must be constituted like the environment, so that there will be harmony and integration.

And so, he finds in the dimension where he is, big and small, tall and short, inside and outside, black and white, thin and thick... At times, the thin extreme presents itself as better than the thick, the bigger presents itself as better than the smaller and, at times, the other way around. And man lives in an eternal conflict, because he can't decide in which position he should be, because at times tall is best and, at other times, tall is not the best.

Placed here, in a world of duality, man gets to know conflict; he doesn't quite know the way: he keeps looking for what could present itself as the best. This is inherent to the third dimension.

One day, living in this conflict, man discovers that inside him there are the same aspects regarding feelings: a greater and a lesser one; a deep Feeling, higher, compared to a lesser Feeling. He recognizes the animal shell, convenient to the planet, which he uses.

As he persists, he discovers that he is not the shell, that there is something else which is he himself. The forces of the shell and he interact, promoting conflict. The comparison of pleasures takes place, and he compares the states of pleasure and joy, at times following the shell, at times following himself. And he can't feel the point of balance so as to always feel good.

Here, it is to man to recognize and know that this duality exists, this plurality of paths, of forces that drag. And one day he



will be able to opt between the forces of the body and those of the spirit. One day he will be invited to take this option and only those who recognize the aspects of this duality will be invited. On that day, those who know the answers will be able to present themselves as candidates to Unity. Certainly, everyone, at some time, will get to that point. And the Earth, three-dimensional planet, will keep on providing this great service to the Universe.

*September 4, 1981*



here is a Greater Love. There is a Greater Goodness.  
There is a Greater Power.

Our Mind is connected. We are not an isolated part of the Universe. We are together with all the parts. We are part of the same respiration - the Great Respiration. Our small pulmonary respiration is illusory. Our movement is just illusory. Our real movement is a mental, spiritual movement. It's the extent to which we can perceive the Whole that surrounds us and of which we are part.

There is a Law of Alliance. There is a Law of Joining. There is a Brotherhood. There is a Law that has put us all together. We are all together. Not isolated; together. Therefore, stop isolating yourself. You are not isolated. You are together. You are also a part.

Do you know why Goodness defends you? To defend itself, because you are a part.

Justice does not want you to suffer, to keep being Just.

Goodness does not want you to follow other paths so that it – Goodness – exists.

Truth doesn't want lying and defends you against lying. It shows you the illusory, exactly to maintain a state of Truth.

The Great Force knows that you are part and are Whole and are together. Take off this wrapper. Open yourself. Help. Get together.

You will never stop being pursued by Goodness. It will pursue you so much, until one day you end up being Good. The same



with Justice: it will pursue you so much that one day you will end up being Just. Altruism will also pursue you to such an extent that one day you will give up being selfish; you will become Altruistic. There is no way you can escape. It's only a matter of you gaining time, speeding up, leaving this dimensional level in which you still are – helping.

*September 8, 1981*



esterday I was talking to some people from outside about the mind, people still stuck to materialism, who can't get past points like: "I won't do this because nobody is going to boss me around, nobody is going to dominate me..." They haven't been able to overcome contesting.

"Nobody will mess with me any longer, I won't be anyone's pawn, now she won't use me anymore, I have freed myself from her..."

I said to that person, "I think you haven't freed yourself from her. One who really frees themselves from someone's yoke, from a society, from anything, isn't so worried about overcoming it as you are, since you still have to spend hours and hours thinking about how to react."

The person agreed that, indeed, since they had to think, they still hadn't overcome it.

What is the solution for this person? What can be done and how can it be considered overcome? Of course, we can give all of you the answer: When you overcome yourself, when you overcome your instinct of vengeance, your inferiority complex, when you understand that you don't need to be more, that you can be an equal.

And then the person went on: "Give me proof that this training and studying the mind thing is good."

"Look at the testimony! I train the mind. Look at my manifestations: I'm always joyful, happy, I help others, I'm financially accomplished. Of matter, I have what I want; of the spirit, I'm still studying... This is a proof. If you aren't well in any



area, it's a sign that you haven't been using your mind well. If you aren't in plenitude in anything...!"

"Oh, but some people are lucky! You, for example, are happily married! A spouse favors the person's well-being!"

"Those who use their minds are happy, not because there is someone beside them that favors their happiness. It's not because I have a wonderful partner that I'm happy. On the contrary: because I'm happy, I have a great partner. The same with friends!"

These justifications: "If it weren't for her or him..." No, you are the one who isn't well. It's because I'm happy that I'm lucky. People usually try to put happiness in external points, that is, they are happy according to an external point. You, who use the mind, should know that it's not the facts that happen fatally that will make you happy or unhappy. It is you who, being happy or unhappy, make the facts around you. It's not the facts that will make you happy or unhappy. On the contrary, it's you who being happy or unhappy, will build happy or unhappy circumstances.

Stop a bit on these small points. When you understand the philosophical nature of this, when you go into this, you can improve a lot and have greater satisfactions.

Then, while talking to people in these terms, you'll show that it is not because you were lucky that you're accomplished in your career or in life, but because you make every part of your life full. And of this you can give testimony.

*September 11, 1981*





n terms of biological constitution, we are all the same and capable of the same things. If any of us wants to grow, to live in total Harmony and Peace, to be able to help someone and ourselves, they need to broaden the understanding that the mind is the capstone of man and that spirit is the definitive complement of the mind.

For a long time, there has been a tendency among the builders of great works to leave their task unfinished...

Also for a long time, the notion of what is good and what is bad, of what is right and what is wrong, of what is just and what is unjust, of what is altruistic or what is selfish, of love and hate, of what is joyful and what is sad, of what is possible, of what is impossible... and the effects of these positive or negative factors on man, on his mind and on each of his cells, gathers dust and cobwebs on the shelves of ignorance, imposed by petty interests of those who fear the Truth.

If you want to grow, stay calm, observe, release the evils that are buried in your mind. Improve your consciousness, your mind and your body, of which you are just a guest

*September 24, 1981*



Everyone learns a lot with the experiences of others. If each one tells what they have gone through, we learn. When you tell what is, what has been, the side of the story doesn't matter. Someone has to stand still so that others recognize movement.

You teach the one who runs, to stop, and teach the one who has stopped, to run. Nothing is negligible in life, and there is no unfilled time. What exists is always filled time.

If you put a boat on the water to cross a river, with a person inside, and another outside, swimming, the one who is still, inside the boat, will find it boring and will want the glory of coming back swimming; and the one who is swimming will want to be smart and return still, inside the boat. One teaches the other. It is the satisfaction of the one that goes sitting in the boat, and of the one who goes swimming, that makes the movement, giving reason to all things. The experience is equal in intensity.

If on the way to the other side of the river, the one who was still had tried to get out of the boat, he would have caused the other to lose his reason of life. Therefore, he played an important role.

Now, if you comprehended this, you can give a reason to your life. Always remain active, but changing the nature of the activity. Always doing. It's good and you should do so, until the day when you find the point: it's the day when you recognize the



ephemerality of all projects. On that day you will have to find the  
Eternal Project and try to head in its direction

*September 24, 1981*

*At the Nectar Restaurant, after a lady  
said that, because she had always  
been a housewife, she wouldn't  
have anything to  
teach others.*

DR. CELSO CHARURI





uestion: “*Why is this the time?*”

You have a total of knowledge at your disposal here, for this Plane. Now, this total isn’t manifested yet; this total doesn’t exist yet! – because things only exist when the Verb creates.

But the Verb is Action! So, this Knowledge is the nonexistent that will be existent when manifested.

Where is the Kingdom of Heaven? It’s here and you haven’t seen it. If you haven’t seen it, it’s because it doesn’t exist – for you! The day the Verb manifests through your word, when your word actions – the day you action yourself – the nonexistent will be manifested and then it will be existent.

Of all the elements of Knowledge that were gradually incorporated, actioned, manifested, at first, crude vibrations of crude things were captured. And now, what already exists here? An energy set, vibrations that already get in tune with the others of equal potential, charged with more subtle Knowledge, of the same things already manifested previously. The Psychic band remains.

For this reason, man occupies himself – and, for now, pre-occupies himself; he is in a pre phase – with capturing, with calling these subtler vibrations in order to manifest them, because all of them will have to be existent, and when all of them are existent, there will be paradise manifested.

*“Ye speak and ye know not what ye speak. Ye see and ye know not what ye see.”*

“Why is this the time?” Why now? Now it is inexorable! After you’ve removed the sawdust from the surface of the water, you’ll remove the water. After you remove all the water, you’ll be able to reach a heavier and deeper body; there is no more sawdust to be removed.

The attraction done now, here, already allows attracting a kind of subtle Knowledge, existent for the Plane. When the whole is established – removed – it will manifest, the Psychic World will be established in all its potentiality.

And afterwards, what will man attract? Man will attract the Noetic of the Plane, of what is allowed for the Plane.

So, it’s not because man is satisfied or because man is dissatisfied, like someone said a while ago. It’s because, inexorably, man already attracts. It’s because the set of Knowledge here already has a potential that attracts. And it’s going to happen.

That is why this Law no one can block. This Law is like this. You can’t hold back this Law. It is infallible because it’s Absolute, and the Absolute is infallible.

*October 1st, 1981*





It is necessary that everyone speak the same language.

(...) A long time ago there was a Tower of Babel, when men started speaking different languages, for the single language they spoke before led them nowhere, only to the abyss. It was decided to modify language and to place, into each one, a life principle.

The time has come for us to unite the languages again, only now in a single direction, discussing own ideas and the Idea itself, singing the same song, accepted by free will, to achieve the Much Better World that is our purpose. To build a Much Better World and not destroy the world which someone once built with a truth, even if relative. Respect, always.

To build a Much Better World all you have to do is follow what you already recognize as right, fulfilling with courage and actioning the truth that is the reason of your life. All you have to do is follow what you already know is right, and not keep searching for what is right in order to follow. All you need is a state of watchfulness; yes, watchfulness in the sense of not wasting any experience, watchfulness so as to make the most of the results of the experiences you go through, and finding in them the point of wisdom written there.

You will then discover the real world, and the unreal world. You will recognize the ephemeral and the transitory. And then you will take a stand and you will discover who you are. You will



discover that you are a passerby, a being in evolution who needs to manifest in order to show their usefulness.

On this journey towards evolution, what can you do? Help. How? Manifesting. Manifesting what? The knowledge you already have and recognize. Where? In an environment. How? Being useful. To be recognized in an environment, you have to be useful, exercising your function.

(...) Each object, depending on the environment in which it is, can fulfill its usefulness for the environment in which it exists. In this environment, it is to you to fulfill your function; and then you will come to be, because you will have recognized where you are and for what you are. Don't waste the space-time made available to you to understand what you still don't know. All you have to do is follow what you know is right and not keep searching for what is right in order to follow. Don't interrupt any process in the middle. Close all the circles you have opened.

(...) It is necessary that everyone speak the same language.

*October 3, 1981*



here are still people who believe in a Better World.

Since the beginning of human history, many, many men came and made propositions for the improvement of society so as to improve the world, in the attempt of bringing happiness to all. We observed this.

But it occurred to us that there is a great difference between human beings, and that if we continued trying to make assertions within a truth that would satisfy only one group, only one segment, we would need to go through every field of knowledge, one by one, for thousands and thousands of years, in order to then bring happiness.

(...) We know we live in a world of differences. Nothing is the same: everything is different.

So, to work with relative things, so as to achieve happiness, would, at least, take a long, long time. So, we have decided to work with the Absolute, that factor that exists in everyone, that is common to all the different.

(...) So, having also observed that, for a long time in Humanity, man has been basing himself on the premise that “man is a product of the environment”. And having observed that man, encapsulated as he is, joins up and forms families, and families, societies, we have concluded that if he intends to change the environment in order to bring happiness, he won’t alter the innermost structure. He will only be able to make changes in the environment if a better man appears – a non-encapsulated man, free, happy. And it is a happy



man that makes the environment happy, because the environment is a product of man.

So, if you also intend a Better World, you should know that the work is a work of each one within themselves. Feel what you already know. Use Patience: it sediments. Meditate on the points of the Knowledge. Look inside you. Wisdom is knowing yourself. If you recognize your limits, if you recognize your vulnerable points, then you already know where you stand. Do not think that, at the stage of common man, man can build a Better World. He can't! Thinking the way he does... The most man has achieved with his ideas was this world. It takes more!

Therefore, if you want something better, you will have to start by recognizing yourself, observing your vulnerable points, what holds you, who you are, what you have done, what environment you frequent, who the elements of this environment are, what the elements of the environment you frequent are like, who you talk to, how much time you spend talking. Was there any benefit in this time? Or there wasn't any benefit? Did you give something or just take something away? Actually, what are you doing in the world?

If you come to the conclusion that it's too little, that is why the world "is too little". And if you tell yourself that you already know everything, ask yourself if you are everything you know. After all, each one actions what they think.

*October 5, 1981*



could speak about the flaw that exists in the human brain, since people go through so many experiences and don't filter from them what is important. I don't know whether from lack of memory, or because of lack of attention while an experience in life takes place.

There are happy times, very happy times during the year. Christmas, for example, is one of them. In December everything is festivity, everything is joy! There seems to be a strange force in the air and all the people go merrily to the streets, sublimating in the purchase of gifts maybe a desire for Love, for Union and for Fraternity. Maybe justifying that it is because of the celebration, of the day itself, of the gift; perhaps not even noticing what is happening inside their person, inside their personality – that beautiful change, when everybody uses a little more Respect, a little more Patience, a little more Prudence; when people discover Friendship in the air and in the season. Temperance!

When all this happens, in a given space of time, that space of time changes expressions and becomes a state, because the awakening of the emotions coming from the feeling of Fidelity, Friendship, Responsibility, the feeling that comes from Patience, Prudence, Temperance and, above all, from Respect – this feeling that we all feel at certain times of the year or during certain experiences in life, when a little more exacerbated or together – these feelings awaken emotions and these emotions translate on a physical, scientific level, as vibrations, forming a true emotive cloud, charged with good feelings.



And then people go out in this atmosphere, guarded by this energy fence created by each one. And the climate becomes pleasant. Even rain is beautiful! Even the wind has flavor!

And during those days people feel Fraternity. They say they are connected by the One Principle.

Taken by that new reason of being, of being here, of existing, really believing that that is really a Much Better World, a marvelous thing that could always be like that, hymns are sung to Beauty, to Goodness, to Love, to Justice, to Fraternity. And these hymns, sung here and there, are welcome within everyone; because all have their knowledge deposits open to receive such vibrations.

Everything is euphoria. Days pass and, I don't know why, people undo that blue, golden, energy cloud that they themselves created, and give entrance, again, to that grey cover, that will envelop them for so many other days...!

And I ask: did it remain in memory? Where was that which is good saved?

Once again people begin to attack each other, take revenge, stepping on each other, hurting each other, and waiting, again, for a new harmonic experience.

Such is life, such is the world, such is man today. There seems to be a flaw in the controlling, storing mechanism... a flaw in the human brain!

*October 8, 1981*





any are the subjects we could talk about today, after all we feel that all of you are eager for knowledge, and this makes us happy, because only he who knocks on the door, only for him the door will open, and so it is necessary that each one want to find the path, that everyone want to knock on the door and want to go and discover the mysteries that surround us in this dimension where we live.

And, of course, I'm very pleased when I see that many are seeking these mysteries, are knocking on the door, and want to find the light, in other words, to clarify, or to make clearer the world of shadows in which they live.

(...) There is still some hope left, some hope within each of us here – many of you still in conflict, because it's not easy to change overnight. To live 20, 30, 40 years, some even more, to live in a world of shadows, in a world full of cobwebs, and people getting entangled in each part... in an aggressive world, in a world in which you have to use force, the force that the environment offers, physical force, the force of financial power, the force of social power, the force... using force to get by in the world.

We comprehend people's attitudes. We know this world is really of shadows, and we know that people act the way they do because otherwise they wouldn't be granted a place in the sun.

So, there is struggle, this terrible struggle inside each one, and outside, in their manifestations. We know and comprehend these people. We, here in PRÓ-VIDA, even ask everyone to start comprehending, a sign of Goodness and Wisdom.



And we believe that the best, the very best, the most we can do is really what we are doing: to take away the shadows, take away the darkness, to clean the dimension, show other dimensions, because we believe that acting on this point we are helping everyone, and that's why we give our Courses the way we do.

For our children – and many here have children; those who don't, one day will – if we stop to think what a world of shadows we are going to offer to our children! What is the use of my leaving financial, material, social, and even cultural power, of this culture that exists out there? If we really want the good for our children – not to say for our brothers, not to say for all beings, since we're all equal! But if we want the good, really want the good (not a little but really want it), we'll have to do... to act on a comprehensive point, on the point of the solution. And it seems to me – at least as far as I could reach – that the point is to remove the darkness, to clean, to clear. And that's what we do.

And then, as we do that, we show a new concept of Life, and people, through the method we use, people have been doing fine, and slowly, that concept of life – which is prison-life, narrow life, dark life, life in the darkness – people start to consider that life as being a life with a small “l” and begin to understand that there exists more Life, Life with a capital “L”.

By logic, we begin to show that the possibilities, the differences, if they want to fulfill Justice, if they're just, if they come from a Greater God, these differences shouldn't be unjust, as they seem to us at first sight. Because here, in this valley of shadows, some even



manage to get a certain... a certain clarity, a bit of Light; but others, in this life, live in complete and total darkness. Nothing favors them. And these people, some of them live in complete darkness, doing acts that become facts that can only happen in the darkness.

I mean: how can anyone kill someone? How can anyone rob someone? How can anyone step on someone?

Now, facts like these are facts that can only happen in the darkness, because if it's dark, I step on you! I don't know you're there. If it's dark and there's a glass of water, and I am thirsty... or food, I take it and eat it! And often, I eat a lot! I keep on eating! Because it's dark! Because if it were light, I would have seen you're there, you're there, you're there, you're there and this bread, I would have shared... a bit for you, a bit for each one!

However, in the darkness I stretch out my hand and find... I don't know! And I eat, and eat, and eat: I've found a source and I keep on sucking from that source! And you, who haven't found the source, you suffer! And since I found the source, I even fence in the source, and when I do, I step, and step. This can only happen... Often, as I step, I kill! This can only happen in the darkness. This can only happen because there's no Light! Because as the Light comes, I recognize you and see that it's the same! This hand... it has this finger just like mine, there's this one, and this one... It's the same! There's hair... It's the same! And then I... then I become ashamed of taking all the bread for me.

In me arises a feeling of self-protection even, because we are the same, it's almost as if I were you!

So, one day, I think people will have to stop and understand that selfishness – which is the cancer, the cancerous root of suffering – only appears in darkness.

And so, if I really want to leave something good for my children, or leave a luminous trail wherever I passed, it's no use to teach my child where the source is; the solution is to turn on the light. And when I discover that, I have already discovered that life isn't just that life in a valley of shadows; there is life in a bright environment.

We in PRÓ-VIDA should always do that, day and night, at each instant: turn on the lights, give space to those who still need it, give place to those who still want the place, ease the passages for those who still search for them. Teach. Because we in PRÓ-VIDA, have already recognized the continuation of Life, because it would be unfair if I lived in light, in an environment of light, and someone else in a world of darkness.

*October 9, 1981*



Today is a happy day for me! I want to share the joys as well, even if I can't tell everything. When we share an emotional load, it's comforting. The same with joy! When we share joy, it multiplies, because you give someone that satisfaction you had, and it's even useful, depending on what it is you're going to tell, to observe and have a better view of people and things.

Today's date will leave a mark in me. It will leave a deep mark: October 30, 1981! In the first hours of the morning. I can't tell what, even though I feel like it.

I must say this to you: nobody in life has everything, or knows everything, because the very Law that rules says that, if you know everything, you lose the point of attraction. So, it's necessary that you don't know the next step, because the next step gives you the feeling that motivates work, motivates life.

There are disillusioned people. They come to a certain phase in life and they lock themselves. They even die, when they reach a phase of disillusionment, because they have nothing else to do. People who, for example, work for 50 years and after retirement, they die. It ends. Life doesn't matter anymore. The point of attraction, which is not knowing a point ahead, no longer exists. The fact that there is always a link missing in the chain motivates life. It is so and always will be.

Very well. Although I have the transcendental knowledge of things of our Septenary Plane, this knowledge is at another level of consciousness, and, as you keep working, doing, acting, verbalizing (verb, you know: noun + action), as you action the words that contain



the knowledge, therefore, working, you gradually find and reach the maximum, extreme points of the Plane you live in. Everything works like this and it couldn't be any other way.

There was, in my case, the search for a small point (mind you: not a point of doubt!) ... the search for the knowledge of a point that I had been chewing on at every moment, at every instant of my life, certain that one day it would appear.

So, after we left here, late last night, I got home... I was already thinking in the car. Suddenly, there was this flash, the "Eureka, I found it!" But it was obscure. I decided to stop everything. Stop at that point, stop everything, hold that point and penetrate into that instant in which the sensation came to me. Suddenly, I came upon it: I came upon the Golden Key! I knew of its existence, and I was sure it existed: there isn't a door that doesn't have a key. And today, at 5 a.m., this key came. It's the Golden Key that definitively closes Course VII. It's not that I didn't know of it, but when it's handed to you, it's different. Now it's the whole of it! This happened to me today. I already wrote it down, because it needs to be written, kept.

And then, so you can imagine the feeling, I must have stayed one hour or more in thanking. When I went to bed, I was still in thanking. That thanking that you can't even speak. Just "thank you very much, thank you very much!" You want to give thanks eternally – because it's amazing that you've come to this point...!

Well, if you say: "If it's so good, give the key to us!" It's no use, because you won't comprehend its value. It's like that story of the soccer game and the Einstein conference.



I can't place this knowledge with you right now. If it's said, it won't mean anything. There's no support. To anyone in PRÓ-VIDA yet. One day I hope I'll be able to... If not, it will remain written. Someone will always read it, if there is the need. But first, the need has to be awakened. I think you understand.

So, this is it. I'd like to tell you that today I'm happy, maybe it's the happiest day of my life. I haven't found a happier day in my life, yet. Maybe today is the happiest day of my life because of the discovery of the link in this chain... It's the Knowledge protecting itself.

Well, I want to say that, with our mental activity that we do every week, PRÓ-VIDA has gained an impulse that only those who knew it before can evaluate. PRÓ-VIDA has really grown!

We now have PRÓ-VIDA's national department. So, we're going to take the courses to the places that have asked us. Santos looks like it will be the first city... Then Campinas and other cities... Of course, people in PRÓ-VIDA must now begin to set a greater example, according to the acquired knowledge. Conduct is everything, because conduct is the example, and without an example, you will do nothing.

In the world we live in there are two forces: good - evil, black - white, hate - love, comprehension - incomprehension, and so on.

Here in PRÓ-VIDA we have Principles. You know them. You saw them. And if you are here, it's because you liked them. You've verified that these Principles really do repair man. So, it's necessary that each of you takes on these Principles. But really take them on! And have your conduct according to these Principles.

Now, which are the Principles you have adopted? Those of



good or evil? Here in PRÓ-VIDA, it's those of good. What are the virtues of good? Comprehension, true help, kindness, non-aggression, humility... Those are the weapons of good. And what are the weapons of evil? Wickedness, aggression, non-comprehension, vanity, pride, arrogance, the force that hurts... all the contrary.

What would you say when someone wants to defend good and uses the weapons of evil? For example: to defend good, man builds bombs, wages wars, wants to kill the whole of humanity. To defend good, man destroys. Now, destroying is a weapon of evil. Killing is a weapon of evil. Virtues of the opposite side. What do you get from it? Just reinforcing your own opponent: evil.

Stop to think: when you want to defend a Principle, you must use the weapons, the virtues, of that Principle. Otherwise, you will be fighting against yourself; you will be reinforcing your opponent.

(...) In all environments, a really superior person is the one who knows to comprehend others that they consider to be in an inferior position, and stays close by. And like this for all things. So, it's a matter of Principle. Do you like PRÓ-VIDA's Principles? Do you think they build Man? So, you must always use these weapons. Whenever you use another weapon, you will be reinforcing the other side.

I know it's hard when people, for example, come at you with aggression. It's not about allowing yourself to be struck by the aggression; it's about comprehending that behind that aggression there may be a good heart. Maybe it's only a fruit of this world, which has this crazy scheme of changing the environment and not man.



Maybe it's just the expression of a desire, no more of attacking, but of defending oneself...

With the young people, there are things to talk about, and we will do so in a lecture specific to them. But to you, who are mostly adults, there's that work. And only through this work will you empty the jar of energy which you now, having knowledge, possess, and have the opportunity to, one day, also discover the gold key of all conducts and thoughts, and every, every single thing that happens on the face of the Earth.

I would really like to see the people of Course II and Introduction being together with those in the Basic, extending a hand to them. Sometimes they'll want to argue. But you already have elements to not argue and calm them down! And if, for now, someone can't talk about Einstein, talk about the soccer game! One day he also won't want to talk about soccer anymore. Until this day comes, how about giving Happiness to each one in order to have each one's Happiness?

That's it. Defend your Principles of good fighting with the weapons of good. Only. Always. If it's hard, it's also good, because it will correct the pride, the vanity of those who think that training this is hard. Therefore, it's always good.

*October 30, 1981*



uestion: *“How can you demand evolution, or higher actions, from people who are still at a lower evolutionary stage?”*

The evolutionary stages are actually different, and pure intellect can't lead to the understanding of a deep philosophy.

Isn't it the same man that goes to the field, casts the seed, and returns – or sends someone – to the same field to harvest those that have germinated and are now trees? And in harvesting the ones that are trees, does he abandon the field, or does he keep on casting seeds? And more: on returning to check on those that have become trees, doesn't he help, watering those seeds that still haven't germinated?

So, whenever you recognize the desirable points, of virtue, that the environment doesn't have, and fight to defend them, you'll be either harvesting someone who is ready, or casting a seed.

“John, there is a higher truth! Stop being selfish!”

“Wow, I always thought you shouldn't be selfish, but I've never found an environment that could contain that.”

“You are a tree that is ready. Can you comprehend this too?”

“It's just what I was waiting for!”

I have harvested a tree that is ready.

Or, in the other case, when you establish the point of your recognition, you'll be sowing: “Peter, you must stop being selfish. Selfishness is not good because of this, this, and that.

“No, no, no! Well... I will think about it...”

I have cast a seed.

If that isn't done, we stay stuck in time, waiting for everyone to evolve naturally. They will evolve naturally, but we must logically consider ourselves omissive, since if evolution is taking place, it's because someone other than us is sowing. Therefore, we must consider ourselves omissive.

This considered, it is up to the one who wants to give the slightest contribution to a Better World, to take a point they recognize is wrong, and with all the knowledge they have and will acquire, fight. But, of course, first give yourself as an example, and then fight to eliminate that point.

Does this mean that you have already eliminated the point in yourself? No. But you will prepare the field, and will sow many, and harvest many. This way, you'll always be doing Good and this will make you stand out in evolutionary level.

*November 5, 1981*





Beautiful time of the year now, as Christmas approaches. I have been to other places in wintertime, during Christmas Season, and, whether it's raining, sunny or snowing, what stays in people's minds is the Christmas sentiment: Goodness, Love.

This sentiment surrounds the planet and comes announcing a month of joy, and what the Earth will be like in the future.

Most people, out of free will, forget selfishness; others out of duty. And so, they empty the jar; give the tithe in Love. All of them feed a big Tela Mental of Harmony.

This is so meaningful!

This is how the future will be: people will help each other and times will always be festive. The climate should also change: it will be mild, according to the Telas Mentais of the people in Harmony.

This is PRÓ-VIDA's third anniversary. Those who took the first course were happy! They all must have noticed the inner change that took place in them. As they did to others, everything became good in their own lives.

You, with less time, may have noticed this, too. In three years, you will all be living in a perpetual Christmas atmosphere. Not in the celebration, but in fully living each word that has been said. For two thousand years, man's mind hasn't been able to achieve what we are going to achieve.

If men be judged by their works, what work would have greater weight than that which is in your Tela Mental in the Christmas atmosphere? Thousands of years ago, a small group



gathered in various places, to build a civilization, with patience, since they knew they had to wait for the Earth to make the change: the valuing of the Higher Self.

Not only are we glad, but also those from that small group, precursors of the hermetic science. It was worth the wait. They knew that victory, although bloody, would leave behind a white lily.

Think about it! Within you there is bliss when you hear about Goodness. Now, watching from the balcony, no longer in the silence, or around the pyramids, in those warm, silent nights. Today you are in the middle of the social, political, technical noise, but in our minds, still shines that beam to which we have always been faithful. You will watch the *grand finale* of a cycle on the face of the Earth: tent, circus ring, artists, one more play, that, with respect, we ourselves applaud. Ideals kept and achieved.

On judgment day, it might well be today, look at your conscience and see the weight the Work has, that you, not even knowing, helped to build.

Certainly, according to the Law of Justice, a new kingdom awaits you. No one else will know about it, but you, within you.

How is your Mind?

*November 6, 1981*



It's so good to be in silence every once in a while! But it's so difficult for people to remain in silence! Usually they remain in silence as a psychological escape, because they can't articulate their thoughts. Or because a resultant of each thought comes out every second. The person thinks so fast that the brain takes two or three thoughts and forms a resultant that the person can't live. So, they make a psychological escape. Abstraction characterizes the state of anxiety, many thoughts giving resultants at each moment.

In psychotic patients, and even in some types of neuroses, this level of speed becomes so high that the person looks at one thing and already connects it to another, and another, and the ideas process at a stunning speed! There comes a point when there is no more time for the person to talk, to show their ideas. A wave comes up, an anxiety crisis. In clinics, they are given relaxants so they don't think, at least consciously. Sometimes, they stay under sleep therapy until they are able to once again articulate ideas according to their brain's capacity. The resultants are manifested in conducts.

In our days this is typical. People can't stop talking. They just jabber on. They speak and don't know what they're saying. They're letting out resultants of ideas. They don't even hear what they're saying. Until when, in a crisis, they can't talk anymore: they go into silence. People think it's depression, but inside the individual's head there's a whirl of ideas that they can't conciliate.

Of course, while the brain is in this state, the individual is not living, because life strictly speaking is life within yourself, and the



relationship between you and the environment you live in. If you have no manifestation in the environment, you don't participate in life, you don't live. You aren't even making use of the least bit of knowledge you have within.

It's common during these crises for people to burst into tears. And they don't know why they're crying, but they have to cry. It's crying for apparently no reason. The crying translates the inner desperation the person is living: they only accumulate ideas and their resultants. They also go into silence and, in these cases, it really is depression. Depression and sleepiness.

It's hard to remain in silence consciously the way you do here. To abstain from talking without isolating from the environment and yourself. To just abstain from words. A pause that favors reflection. Through this path of reflection people will one day get to the secret, because through this reflection they will end up meditating.

It's a very good method, but very dangerous without someone close by that has gone through this experience, because suddenly you may come across a truth that you think is absolute. It's good to have someone close by, because the person may go into conflict. Silence is necessary, but with someone close by. That is why we don't force the reflection and meditation aspect.

I've met many people who went by themselves through reflection and meditation. Actually, they present themselves almost as sick, because they reject the environment they live in. When you talk to them, they say, "No more words! I already know all the truth of this world. I no longer need words". They remain in



this state for the rest of their lives. They behave either like the neurotic or the psychotic, because they lost their relationship with the environment.

So, this is not our method. Silence can even be used, but there must be someone close by. And what's more: it's hard to be in silence without sleeping! It's hard not to talk, not to give way to a pressing desire that, it seems, is relieved by talking. Actually, it doesn't relieve; it distracts. The truth scares and the individual decides to talk a lot, because it distracts the mind.

It's like the story of pain and the Chinese method: if it hurts here, pinch there. Compensation. You escape one thing and cause another.

Often, people escape the truths that occur to them, because when they find something of real greatness, they feel obliged to follow it, and for that they need Courage. So the person rationalizes: talks, talks, talks... and escapes. While talking, the person is not thinking. That is why we say in the Course: Do you think what you feel or feel what you think?... And what do you say?

*November 13, 1981*





his is a paper ice-cream cup. And this is a crystal ice-cream cup. You are the customer. What is my line of business?

Making ice-cream. Making ice-cream is the proposition.

Well, if I take this crystal cup and put ice-cream in it, I'm dividing, I'm neglecting, I'm even somehow preventing my mind from better articulating to make me more creative in my real purpose: to make ice-cream.

Why? Because when putting ice-cream in a crystal cup, I may unconsciously stop having the creativity that will make the ice-cream even better, because the cup, in a way, substitutes or complements the sale. That's what I think. And then the ice-cream doesn't come out good, because I trust in the bowl, I don't give my all to making the ice-cream. Because I forgot my real purpose, which was to be an ice-cream maker. And since I have forgotten my real purpose, my real capacity, I trust in the capacity of something else which may or may not lead to the fulfillment of the total purpose that I expect.

However, if I start serving ice-cream in this paper cup, the ice-cream will be the best possible, because there won't be anything else to help it, there will be no crutches or supports.

And if the ice-cream is really, really, really good, who actually benefits? I do, because I'm satisfied. I really fulfilled that without the help of external things. I fulfilled what I wanted. So, I'm satisfied. I didn't depend on anything. I even increased my creativity. I ended up benefitting. And the customers, those who came to me, also benefitted from my courage, effort, and intelligence.





*November 13, 1981*

any fatalities happen and hurt profoundly, deep in some point that still finds resistance.

What could it be that makes pain?

What could it be that takes away the state of peace?

Even a big aspect of relative peace occurs to me: the peace that happens when satisfaction is given to all; the peace that happens when everyone is satisfied, as if the satisfaction that each one may feel weren't conditioned to each one's truth. And when everyone is satisfied within their truth, the one who fulfilled the demands of each one's truth sees the environment serene, joyful – because of the satisfaction – and feels peace. It looks like it's that peace that is conferred when you manage to make everything go well, when events are always in accordance with each one's expectations. And from this satisfaction comes peace. But this peace isn't the Peace. And how hard it is to find the other Peace!

Because it seems that this satisfaction that one achieves in others is what gives us peace. It seems like a kind of windbreak, something that holds back the avalanche of dissatisfactions that exist against you, against anyone, when they want to promote peace. And you only realize the avalanche that exists, when you can't maintain this peace, because of dissatisfaction – conflict, doubt... As if dissatisfaction weren't just, as if conflict weren't just.

(...) Whoever manages to penetrate the impenetrable that exists, can remain in a state of Peace, especially if one has the courage



to face the avalanche, the windstorm; especially if they have the courage to assume the dissatisfaction of those around them, assume it as fruit of Justice.

*November 17, 1981*

HOW IS YOUR MIND ?

2



while ago, I was saying that some people – I would even like you to meditate about this – when they are children, soon find out that, in order not to suffer, they will have to acquire power. So, deep down, every human being wants power; power to be able to Have.

But, above this, it seems that power leads the individual to a certain safety, maybe self-defense. The individual, when feeling powerful, feels shielded, and this seems to confer them safety. They want defense regarding their own life and the individuality they recognize in themselves; they want power.

And then some choose cultural power, because in this way they will feel protected; not by culture itself, but by what culture confers to people. Does culture confer prestige to people? So, they'll go in search of culture, of that which confers power to them; the power that results from their having culture.

But they also realize something very important: that the power obtained through, in this case, culture, only begins to manifest when they begin to distribute what they acquired – culture; because otherwise they have culture and feel alone. They feel they have power, but the power still doesn't manifest. It only begins to manifest when they begin to distribute culture. Then they find themselves surrounded by people, gain prestige. Then they realize they exist. With this power, they say, "I am someone," because others recognize them as someone useful and necessary. And then they acquire this power and say, "I'm a self-realized individual!"



Others seek power through money; they think that culture alone isn't enough. So, they go in search of money. Eventually they have a lot of money, but don't feel the power; on the contrary, they are even rejected, are seen as stingy, miserly. They become worried.

One day the experience of Giving happens. That gives power. They begin: they help a family, a neighbor, a friend, and they, with all that money, begin to find out that it is by emptying the jar, it is by giving that they begin to feel the real power. In other words, they begin to feel surrounded by people. Inside, they even know that these people are ready to follow them. By sharing, they are somehow paying to Be, to exist, for others to recognize them as existing. Then they say, "I am self-realized; I have as witnesses all these people who follow me, who seek my advice!"

Some through culture, others through culture and money. Often, to acquire this, they spend their whole lives in search of power. They work, work, work for the money and then by distributing it, they will have. Either studying, or working, they spend 30, 40 years of their lives to achieve this power, to later sit on the throne of power, and then feel realized, admired by others, liked by others, exerting an attraction, even if external.

Here in PRÓ-VIDA, we have something different. People who have been with us for three years, when they stop and take a stand, they soon verify this. The ones who have been with us longer. In only three years they managed to be admired by people not only here, but wherever they may be. It is even a problem: when they speak, they



create an intoxicating state! Who doesn't like to hear them?

They have safety within them, because it's not the money, not the beautiful clothes, the display of jewelry that creates this power. It's not the external values, but the internal values. In three years! With a great advantage: they didn't have to go through the process of experiences, those that discredit man. And without having to cheat, without having to go through that, having a clean life, fully clean, they manage to get everything someone could want. Power!

What more could someone wish for on the face of the Earth than to be admired by their peers, serving as a point of motivation and, even without money, have everything matter confers?

Is it really like that? Of course it is! I can mention one of them. He doesn't have a beach house, but he receives more than one invitation a day to spend a few days at the house of those that listen to him. He doesn't have a ranch, but daily receives invitations to go to one. He doesn't have a luxury car, but there are a lot of people offering him a Mercedes, "Have my car for a day to go for a ride somewhere!" He doesn't have a boat but he is always getting invited to go sailing. What more can a man wish for on the face of the Earth? Dear to all. Having everything that matter can offer. To have safety within – all this in just three years! And to think that, if you want, it can even be in less than three years. Everything can be in an instant!

I really trust in PRÓ-VIDA's destiny, an institution as it is, because the fruit harvested until now are prime quality and denote a flavor that only the trees existing here, or this tree, can give in such



a short time. If all of you could feel, appreciate, see this, you would already have within you the sensation of safety one has when one is on the right path to the destination, to the purpose one longs for.

*November 20, 1981*



have a reason of life. I am united by a Principle, a fundamental. My fundamental is the Much Better World. You have the same Principle; you have the same reason of life. Your fundamental is also the Much Better World. We have the same reason of life.

When we, two elements, join together in a same reason, by a same reason, we create a harmonic state, we are in Harmony; we are Harmony.

Between us, regardless of the rest, there is Balance.

*December, 1981*

DR. CELSO CHARURI





ot having Courage is not having knowledge. In principle, not having Courage is not having knowledge or having insufficient knowledge.

Courage comes from self-confidence based on the knowledge you have. Then you have Courage.

I put boxing gloves on your hands and say, “Get in the ring!” You’ll say, “What am I going to do with these?” There is no way you are going to go in there! If they put a big guy in front of you, you’ll even say, “I’m not going in there! He’ll kill me!”

But if you know the gloves, if you know what to do with them, if you have many elements of knowledge of that, you’ll automatically say, “Well, I’ll go in. I may even get beat up a bit, but I’ll...”

What appeared? Courage appeared.

What lacked in the other one? Courage.

And where did the Courage come from? From the knowledge you have experienced, from the elements you have to make your life’s game.

That’s why, in general, the fainthearted are weak, because weakness is lack of knowledge. Lack of Courage, therefore lack of knowledge.

That is why you should fear much more the cowardly than the courageous, because the courageous, having more knowledge, will be more just! And the cowardly, for not having knowledge, will always act through injustice. In other words, the courageous



are always virtuous, because they know the art they practice. The cowardly are unjust and virtueless; they don't know the art they practice for they don't have elements of the very art they intend to practice.

These are principles for the formation of a society, how to form a society, how to choose men for each position.

*December, 1981*

DR. CELSO CHARURI





Stop. It's necessary that you listen to me. Calm down. Relax. This is the moment. Now is the time to talk to you. One day, in a faraway place, very far, inconceivable for you today... This place exists, and there, I saw happen exactly what is happening here and now with you: confusion... madness... war... I watched a beginning and an end, and therefore, I can give testimony to what I can and will tell you.

I have been following your anxiety for Peace. I have seen the different attempts to achieve a Much Better World that you made. I even felt your goodwill in achieving this. However, there is an error, and it has been placed since the beginning. There is a false basis over which you made your attempts for achieving a Much Better World. I didn't point out this flaw, this error, this false basis, because I know that experience – yes, personal experience – causing each one to fall into an abyss and suffer, is necessary to expand Evolution.

There are also other paths to evolution. I could mention meditation and imitation. But, proud, vain, arrogant, filled with faults and vices as you are, you would have, as you did, to go through experience, the most painful way to evolve.

Today, now, it's necessary that I speak and that you listen to me. A greater mechanism, of which you are part as a piece, demands everyone's attention.

The false basis, the error, the principle which you have adopted for the building of a Much Better World has been “modifying the environment to modify man”. That is: you consider that man is a



product of the environment. There is the error. Men who are a product of the environment are men with a small “m”, and how could someone small, minute, imperfect, build a perfect, capital-letter Environment?

I mean that if you intend a Better World, a Greater World, it’s necessary that Men with a capital “M”, that is, greater, better Men, be prepared, because *the environment is a product of Man*, and not man a product of the environment. Men with a capital “M” will build a capital-letter Environment.

To this day, I’ve seen you defending good using the weapons of evil. What unfortunate pretention! In using the weapons of evil, the most men can achieve, as they have, is just to reinforce evil. How can someone kill, punish, offend, imprison, step on someone if they intend the exact opposite? That’s what you’ve been doing. Exactly this.

It is necessary, among you, COURAGE! Yes, COURAGE to continue using the weapons of the Principle you want to defend. Or don’t you have principles to be defended? Or do you have evil as principle? What principles do you want?

So, if you want what’s good, the Good, you must use the weapons of Goodness, which are Love, Purity, True Help, Solidarity, Brotherhood... Never aggression, violence, war, and especially selfishness, because these are the weapons of evil. It’s necessary to prepare men with Courage to use the weapons that are part of a Much Better World, and then you will have a Much Better World.

As you can see, modify man and Man will modify the environment. So, stop discussing the defects and start working on



the virtues. Stop discussing solutions which, to my understanding, have only been selfish, have only brought about personal gain.

Place those who like and can defend into the real position of defense. Let them defend those who like and can sing and dance the joy of living. You, always sing the same song, and unite everyone in the harmonic tone of your words. Finally, you, keep everyone in this harmonic rhythm.

Have as a basis one Truth, that is Supreme and Absolute. To discover it, stop looking down or to the sides, and look up. As you discover it, you will see that it leads to Justice; you will see that only Justice will bring Freedom. And with Truth, Justice, and Freedom, you will have Peace and your Much Better World.

Let any fatalities that may occur and try to disintegrate this harmonic set be corrected by the same principles of Fidelity to which you have made yourselves available. Then, everything will be PRÓ-VIDA [*in favor of Life*] and death will disappear from your civilization.

If I managed to train your minds and have you see the greatness of the Whole, if I managed to promote the connection of your minds to the Whole, you will live in Cosmic Integration. We will be neighbors, we will be brothers, because the place I told you about still exists. They heard and saw, and today, they live. I hope you have eyes to see and ears to hear. Thank you.

*December 1, 1981*

*PRÓ-VIDA's presentation at  
the Anhembi Convention Center*

*São Paulo - Brazil*





I'm still watching your behavior. Congratulations, you've made it! The Universe is happy. One more point of Light. One more star that may serve as a guide to the travelers of infinity. On the celestial map, a new source of Life was born. Should you know how many are applauding, the radiation of your Light would fulgurate! Thank you. Congratulations!

However, I have to add that the candle flame only lasts as long as the fuel, wax, offers itself to be consumed. I must also say that the greatest pleasure is acquired when one is wax, that which sustains Light. It's the Creator that rejoices in His fulgorant creatures.

In practical terms, I explain that it would be selfish of you to live in such a happy and cheerful society knowing that you are surrounded by beings that live in darkness.

I suggest that you open your doors, take down your fences, take down your tents so that the Light can penetrate the dark spaces of those that surround you. Let this Light call and show the Way to all those of goodwill who find themselves already prepared. Let us in. To those who do not wish to come, carry the Light by way of your conduct.

Many suffer, many are the oppressed. For those, we use the Law of the Tithe. This Law is just and generous. It states that you who have worked, you who have a higher brain capacity, show that capacity by keeping 90 percent of the fruit of your happiness and give 10 percent – the Tithe – of the fruit of your capacity to those for whom it is impossible, or have a lower capacity and, for that



reason, still suffer.

Give 10 percent of your joy. Give 10 percent of your happiness. Give 10 percent of your love. Give 10 percent of your matter. Give 10 percent of yourselves. And set aside 90 percent for the maintenance of the state you have already achieved, which should serve as an Example. Yes, I said Example, so that one day all of you can Be. Yes, I said Be, for the Tithe is the privilege of being, in the hands of those who give.

*December 1, 1981*

*PRÓ-VIDA's presentation at  
the Anhembi Convention Center*

HOW IS YOUR MIND ?





he Show isn't over. We are not at the end. We are at the beginning. Men of goodwill are gathered. There's still Hope.

We believe that in this sea, creatures of the most different species, with behaviors relative to their classification, struggling about among placid and troubled waters, have found the way to a safe haven. A safe haven!

We have as Principle to evolve man, because we believe evolution is the goal of the Universe; it is the universal measure. Never revolution. Always evolution.

We believe that everything has a reason to Be, and that man, upon the face of the Earth, also has a reason for Being Here. The search for this reason leads us to the Creator. Therefore, we admit the existence of the Creator.

We train our minds and we integrate to the surrounding environment, then to the country we are in, then to the planet we live on, then to the infinite space that envelops us.

We have the same Principles as this nature: we praise Freedom, because we know that it is fruit of Justice, which can only be achieved with great Courage to accept the Truth, Truth that is Supreme and Absolute above all possible relative levels of consciousness. We train our minds to one day reach it.

That is why we entitle ourselves PRÓ-VIDA – Cosmic Integration.

*December 1, 1981*

*PRÓ-VIDA's presentation at the Anhembi Convention Center*





e know everyone would like to get to know the person with whom we started our mental training. His name is Dr. Celso Charuri. We know there is a lot of curiosity. However, we also know that it would be impossible to know him, understand him, and present him only in the representation of a physical body.

For this reason, we must ask your attention to all the sentences, all the movements, all the words, the whole composition, the organization and ordering of each act of this spectacle presented here, because if to this you add the incomprehensible... you will have known Dr. Celso Charuri.

*December 1, 1981*

*Dr. Celso Charuri's disciples and  
friends at PRO-VIDA's presentation  
at the Anhembi Convention Center*

*Parts of activities, Dr. Celso Charuri's talks and PRÓ-VIDA participants' notes taken during conversations with him, selected and published in 2020 on the internal homepage in the "To the Friends" section.*

# PART 3

HOW IS YOUR MIND ?




ake the time you are here, at PRÓ-VIDA, count, as well as the time you are on the face of the Earth. Give a sense of usefulness to your life. Show yourself that you are evolving. And so, you will be helping to build a Much Better World. Don't deny what you can give to others. Be sympathetic with people who need what you can give. Give a good example. Day and night. It's as difficult to do this as it is to live the way you are living, the way most people live out there. Except that, as difficulty goes, at least ours evolves and the other leads to nothing. Therefore, give a good example. Whenever you can, give a good example: a word, an example. Show that you are evolving. Wherever you are, try to be a sun, try to radiate warmth. Feel like someone who has already evolved. And above all, don't forget that vanity and pride can make everything go down the drain; all the time you've spent.

All this is connected to the word Goodness, that teaches, that requires and leads to the phenomenon, to... to virtue... Goodness. And so it will be in a Much Better World. It depends exclusively on each one.

Everything you know is only valid if you ARE what you know. It is no use having it; Being what you know – then it's valid. In other words, transform yourself. Be the very expression... be the physical expression of the knowledge you have.

*December 19, 1980*



...  nd it was thinking and studying that one day we stopped and began to look at the sky. It was night. We saw a star, then another, and another, till the millions and millions of stars that exist. Then, the mind left. Suddenly, we were no longer on Planet Earth. The mind was up there, seeing all that greatness.

Till we looked and saw a quite small ball, very beautiful on the outside. Blue, blue on the outside, but black on the inside. We know it is black on the inside because it's Planet Earth. Blue on the outside, black on the inside. Looking at that greatness of the universe, we realized our size.

Who am I before all this? Who are you? Who are we? Crazy, utopians or idealists? Crazy for an ideal of a Much Better World.

*December 8, 1979*

*Excerpt from the speech made by*

*Dr. Celso Charuri at the donation ceremony of the*

*General Center for the Tithe to the hospital*

*Santa Casa de Birigui*

*SP - Brazil*



One day I went to the movies. I was lucky! I saw the film Brother Sun, Sister Moon. You've probably heard of it. It's the story of a young man called Francis. Francis.

This young man, one day, decided to set a great example. And he did. He was very rich and began to give his belongings to those in need. He became known as Saint Francis of Assisi. And he has a sentence that to me, to me, was the father-word, the mother-word:

"There was a time when I, too, believed in words."

And, as he said that, he reached down, picked up a stone, turned his back on his friend, and set off to take it to the construction of a home for the needy. The friend, who wanted to help him, understood the lesson: "There was a time when I, too, believed in words." He reached down and began to carry the stones.

What about you? Are you just talking till today, or are you ready to carry the stone?

*December 8, 1979*

*Excerpt from the speech given by Dr. Celso  
during the donation ceremony of the  
Central Geral do Dízimo to the  
Santa Casa de Birigui  
SP - Brazil.*



e were recalling what will be, by what is now. We were recalling the present that will be, in the future that today is, in the past in which we live. We were recalling what the world will be like in a few years. We were recalling what our children will be like. Not I, who am 40 years old, or you, who are 70. What will our children be like? In what beautiful world will they be able to live? A world without war, without hate, without race, without color; in a world of Feeling, in a world of purity. What will it be like? How beautiful it will be!

But, seeing what will be, seeing the children of today that will be men tomorrow, seeing how they will conduct themselves, with all this we are going through within a Collective Unconscious, for them, creating a new Collective Mind, and even more: genetically introducing an alteration in the genetic code of all those who will be born from us. This nourishes. It nourishes and gives courage for the First Step. It's to feel that... life will have an objective. Our life was not in vain.

I saw a world where there was no hate or sadness, they didn't know wars, I didn't see children crying. A world where they asked, "What's poverty?" "What's money?" A world... no falsehood or envy. It was surprising to see what there was not in that world. It was surprising to see what there was not. I didn't see divisions, or religions, or racism. Or betrayal, or passions. Or time! Goodbyes, waits, longing without hope, without seeking, without the like. Heat and rain, in that world, also weren't there. Hunger, sickness, pain... Hunger, sickness, pain, they didn't feel those. No angels



or demons. No extremes. Or unbelievers! Or obsessed with the impossible! They had equality from the Principle.

This is the world I saw. Logic ruling; yes, this was there, but... they were men! They were men! But it wasn't the Earth. It wasn't the Earth. So, I decided to tell, to tell what I had seen.

And many didn't believe. And I searched for the reasons why they don't believe me. It isn't a dream. But they said, "Fine! So we believe you. But it wasn't the Earth!" Then I fixed upon a purpose: Of course! It can be the Earth!

*December 21, 1979*

DR. CELSO CHARURI





on't isolate yourself. Live.

Feel life and then you begin to shine. Once the rays of life have penetrated you, you begin to shine, and you'll be a sun. Apply all the philosophy that you've learned from the beginning until now. Pay attention to every little point. Say, "Look, now I'm weak at this... I'll get better at that... Right now I'm weak at that... I'm better at this..." Do a study and, suddenly you begin to act that way. And then you'll feel that it's really kind of difficult to act with all the people out there. But you make a sacrifice, because a sun has to light up the darkness. So, you make a sacrifice and stay out there, but then you run here, because here is full of sun, so it's nice, you can talk in the same language. And so, here you begin to spend time with all of us and, of course, bringing people to increase, to increase, to increase...

This is the comprehension that you all have today, but didn't have a few months ago. You know that! See how you've grown recently. Each one observe themselves and will see! Everybody must be noticing the difference in each of you, too.

This should be the motto: TO BE A SUN. How about beginning to understand that this is the purpose – it's this! And look: it's good for you, only for you. It's Life. Life. Life is movement, because energy is movement. Therefore, in life, you can't stop. Never stop in life. Never stop! Look: don't ever stop!



Always have something... always have an objective. Don't waste time. Always seek your objective.

Never stop in life. Never! Never! Don't wish to settle. Always have something in mind. Always grow; always try to do. A sun is always in combustion. A sun is always in movement. You must always light up, and the darkness will always be there, because the day the darkness disappears, would the Sun have a reason to be? Therefore, understand this wonderful cycle of things and BE this! And since you're gaining conditions to Be, seize this chance! And from now on, let everyone say of you, "You know, so-and-so... It's beautiful to be around them! It's beautiful!" Become that Beauty. Become someone everybody wants to be around. Exude the energy, the happiness that you'll have if you embrace all our principles.

*December 21, 1979*

DR. CELSO CHARURI





alking and thinking, you know, annoyed, asking for strength for feeling too small, and for trying to take away the filth from people's heads and put those Principles that one day appeared on the Earth, I started looking for friends. And began to base myself on Friendship as Alliance, as Unity, someone who had the same ideal; not friendship as normally understood by everybody, or by most. And searching by ideal, I started to find: found this one here, found that one there, found that other over there... There came a day when I found myself surrounded by friends. Only one test was missing. The test of Fidelity to the Principle of Friendship. On that day, we began to think about how and what to do to take the world out of this filth, of this poverty, of this hypocrisy. Because we don't intend to fix the world, but only to be able to give our part. And we verified that it was very difficult to be able to help.

On that day, summoning the guys, our friends, we made the proposition: a proposition that was written thousands of years ago. To be way more precise, 2,000 years ago. And this proposition was based, actually, on our situation. We had to give thanks for the happiness of being and having. Being somebody and having matter.

How to proceed? How to proceed? It was so difficult! After all, a camel can't pass through the eye of a needle, if the rich are ever to enter the Kingdom of Heaven.

And on that day, we began to ask: Who is rich? Who is rich? And if wealth is matter. And we finally found that wealth is matter



only if that matter is given, when the Principle of Goodness is present. And then we comprehended true wealth, the wealth of Being, in the hands of those who give.

*September 6, 1980*

*Excerpt from the speech made by Dr. Celso Charuri  
at the donation ceremony of the General Center  
for the Tithe to Serviço Social Batuíra,  
São Paulo, Brazil*

DR. CELSO CHARURI





We intend a world without conflicts.

We intend a world without dissensions.

We intend a world of Harmony.

We intend a world with Balance.

We intend a world with good people.

We intend a world with Integration.

We intend a world where Goodness rules; where Purity is always present.

We intend a Much Better World than this.

How to achieve this world? How to achieve it?

Everybody has tried, and you know this, we've talked about it... Social systems, laws... They only made changes in the shell!

Now, thinking logically: do you believe that by changing any system, changing laws, or this, or that, a Better World is possible?

No.

What is the law, then, that would rule a Much Better World? What system would rule a Much Better World? What principles would rule a Much Better World?

A Much Better World doesn't need laws. No laws – that is, nothing imposed. What principles? No principles. What system? No system.

How is all this? Knowledge, this for sure. But Knowledge not used to modify systems, not used to modify the environment; Knowledge used to modify the mother cell, the causer – causer – of all conflict, of all the... of all this! Very well.



The Earth can be a balanced planet. Others are!

Which is the mother cell? What is... what is the principle, what causes this whole much worse world? What causes it? What is the cause? Which cell is the first to become ill, and then comes the second, the third, the fourth? It's man! Isn't it? It's man. It's man! It's each man! It's from man that all this originated!

With men who want a Much Better World, a Much Better World might come to be.

How to achieve it? How to achieve this Much Better World? For you and for everyone, of course. You'll originate a proliferation, based on what you think. So, the first path is to improve yourself! Within you.


*November 11, 1980*

**H**ow much knowledge do you already have? Not only from the courses. Take, for example, a person from outside, a 60-year-old person, outside. They've already acquired a lot of knowledge, huh? They've learned so many things! Knowledge is what you learn. They've learned so many things! They've seen so many things! They "know," in quotes, so many things! However, are they any of that knowledge? They aren't. Is there any point in having more? No!

It's not answers that clarify. It's not the answers to the search that each one has that clarify. It's not those. There's no point in having that answer. It's Being. It's Being.

Look back and see how much knowledge. So, I'll tell you one thing: if any of the beings had one... were only one, only one of the pieces of knowledge they have, that being would have everything, would have everything and would be everything – or at least would be on the path to Being everything. Only one, if only.

*December 13, 1980*

 top being afraid of being a candle, that one day will burn out. Start wanting to be a candle, that burns out giving light to the environment. Inverse, right? Move to the contrary. Cultivate the eternal side, and you'll have eternal life.

*December 13, 1980*

DR. CELSO CHARURI





man is a product of the environment. We say this is correct: man is a product of the environment. And we also say the following is correct: the environment is a product of Man. The difference, as you can see, is in the “M”. The man who’s a product of the environment is a small man. A big Man builds his environment, and the environment becomes his product.

This modification can only be made with an exchange of “M”s, in other words, transforming the individual, removing the barriers from them. Not the barriers that come from the outside; the barriers that come from the inside. That’s why we say that we are not for revolution – revolution. We are for evolution. It becomes very clear, right? We are for evolution. This is the PRÓ-VIDA thinking. We believe that if we evolve man, if we remove the barriers, if we transform the small man into a big Man, if we give the means so that each one can remove their own barriers, if we give each one the means to know themselves, so that later, knowing the other, together with the other make a suitable environment for both.

This is PRÓ-VIDA’s principle: through evolution, not through revolution. The environment is a product of a Man and the environment is a Much Better World. So, a Much Better World can only arise with better Men. Very well! Very well.

Only the one who comes to Be what they’ve learned will be able to feel the effects of Evolution. It’s impossible, impossible to only Have the knowledge and to Be. It’s necessary to work to Be. Having is useless. I don’t discuss with those who have knowledge;



only with those who are the knowledge. And then we don't argue; we talk. And it's easy to see this, during our courses you'll soon realize how easy it is to see who is and who has. You'll soon notice all this

It's necessary, therefore, to reaffirm the initial Life purpose. Consider the question:

Does man want a Much Better World and doesn't know how to have it, or could it be that man doesn't want the Much Better World?

Look at the situation, the world panorama, and ask yourself this question: does man want and doesn't know how, or could it be that man doesn't want?

To us, the management of this situation doesn't matter so much, for now. What matters to us, at the moment, is to recognize those who are united by a higher purpose. United by an Ideal. And you'll see it's not easy, even though many of you think you already are, you're not; you can't be. Not yet.

Because later, when we recognize those who are united, we'll apply something that is called joining together, putting together. You'll soon see an emblem – very soon – of this. We'll say: If you've already comprehended Union – union for an Ideal, union within Friendship, union within the Principles, union with something greater, with a greater spark within you, union with good principles... So, if you've comprehended... You who have comprehended Union, strengthen yourself by Joining Together. This is maybe the difference between uniting and joining, you know? Idea of set, idea of individual.



Don't forget what PRÓ-VIDA's method is: not revolution; evolution. Not a small man; a Man with a capital "M". To grow inside, so as to later put out what's good in you.

To those more in a hurry, a question may arise: "Oh, but when will we achieve this?" The most convenient answer is: when you achieve it within yourself – because one Man with Light has the capacity to light up thousands and thousands, thousands and thousands... one Man with Light. If you want to know when, here's a work-answer: work inside yourself.

*December 15, 1980*





everything is going very well, everybody is helping from all around, but here, it's this side that needs... On the other side, everybody is helping. This side is also a total joining of forces. We will succeed. We will succeed, because we live for this; it's the Reason of Life. Alone I managed to... so many people! Imagine when a few start to come, saying, "Look, to me also there's only this in life." Ah! If one makes five thousand, you go on multiplying this, you see what's going to happen? Depending on the presence of each of you, at the time that you're called, at that difficult instant when you shouldn't deny. If it happens to me, to you, to you, don't deny help at the difficult time, because it's then, at the difficult time that it consolidates, it strengthens, it's then that strength is shown.

(...)

I think that if we have the Principles of Goodness, of Love, if we just think good things, if we don't do harm to anyone, I think that, as a response to all this, we should receive accordingly, right? Hence, the conviction. It has to be accordingly. For me it is, and it is right now, with your presence. I'd like it to be for all of you as well.

This year, a year of work, I want to count on everyone being really close, collaborating actively, really... really together. Let's go, guys. We're not a hundred anymore. It's grown. If you believe it, sing the hymn strongly. If not, you have your Free Will.

*February 4, 1981*





A man that has reformed himself, a man who proceeds as an example, who sets the example in his own actions, in his conducts, he sets the example of a Much Better World without aggressions, not through revolution, but through Evolution. This is our motto. Please, do keep this, because we believe that only with Love will we build something. Anything that is contrary to Love will only produce destruction; all the forces that aren't based on Love will only destroy.

We are led by impetuosity, by impulsiveness, often by lack of mastery, of course: lack of mastery over the material part, lack of mastery over the beasts that exist within us. We are led to brutality, we are led to aggressions, we are led to... to force. Nevertheless, all this should be very transitory and you all should begin to put them under control.


Our action is through Goodness, our action is through Love. We always act with Goodness. We only don't participate or collaborate with what we consider to be wrong. But without force! Just – and even – explaining why. We have integrity, our morality is high, our thoughts are healthy.

Please, keep these Principles.

I would like each one to become an Example, with what they know, making the most of the knowledge they have.

*February 19, 1981*



 As you know, thoughts emit vibrations, frequencies known and frequencies as yet unknown by science.

There are good vibrations and not good vibrations.

The following happens: these latter vibrations come from fear, sadness, anxiety, caused by emotions that counter the sense of the happiness each one has. All this is called not good vibrations.

On being emitted, these vibrations stay in space and in the dimension in which they can remain stable, as in a chemical reaction.

When many not good vibrations – fear, anguish, etc. – are emitted, they form like a cloud around the person, then they leave and stay around.

It's hard to explain another dimension here that's not visible, to someone who is here, and also for our brains to be able to follow this cloud that we can't see, but can feel.

In the world, not only today, there have always been conflicts, wars and problems of a social nature, total, that cause people to emit these types of vibrations, which remain hovering in the air around the region where the thoughts were emitted.

When it's only in one place, it's OK. The cloud stays there, and by the electromagnetic discharges undergone by the planet, the accumulated charges spread out, leave.

As you know, the world situation is now very tense, and these types of vibration are in all parts of the world, increasing more and more.

This cloud of not good vibrations is now spread all over the planet, generating tensions, fear, anxiety, the sensation that something is going to happen, a sensation of anxiety.

As the whole planet is in conflict in all regions, people are suffering the influence of these types of vibrations and living in anxiety.

Anxiety leads to a kind of collective madness, and people perform acts of true madness.

What is happening is that these vibrations emitted by all, form thick clouds that prevent other vibrations: the capturing of a purer knowledge that comes to us.

All you have to do is go above that cloud and capture from where there are bright spots, harmonic frequencies... the capturing of higher frequencies, other types of frequencies.

It's easy to locate where there are good people.

The Universe itself, the Earth itself has a defense mechanism like a capturing antenna, a network within, giving the whole body all kinds of news, and it reacts.

From the outside there is also a defense. The Earth as a planet receives magnetic fields beneficial to the manifestation of the kind of life we have here.

The magnetic fields that protect the Earth make a kind of balance of the planet.

It would be like a person who stays in a dark room and never again sees the sun. They will get sicker and sicker. Just the fact of opening a window to the sunlight heals them.



So, we let the sunlight in, giving an open channel to the sunlight, so that beneficial energies enter, which means it is good for our balance, for our physical and mental balance. We open a window. We are taking sunlight, a cosmic energy bath.


There are few windows on the planet that are doing what we are doing. We are doing good for the Earth itself and for the other planets as well. It doesn't seem like it, but it's very big.

Let's open our window so that greater forces know that we want Peace. That we are here. That we exist.

*February 22, 1981*

DR. CELSO CHARURI



uddenly, a greater need arises within you. Suddenly, a greater need arises. Suddenly, I put you before a Truth that's so, so, so... that you say, "Now I can no longer betray it! Now I've seen it," you'll say, "I've felt it, it's in me, I can see it right now." And then you can't escape it anymore! I want to avoid... that you come and suddenly, through no fault of my own, I do that to you, and still you'll say, "But I... I didn't want more, I wanted to enjoy the mess out there a little bit more, I didn't want to enter this serious plan, I didn't want to be a builder of a Much Better World; I just wanted to enjoy the Much Better World!" It's OK. Please don't come if you don't want to be a builder. If you want to enjoy it too, stay; stay here, we'll build it for you guys! We want to give. Now I want to see who, together with me, wants to help! Just that.

There will be days when you all will look here and will recognize part of a past, a past in which you were present! Raising the same banner! Holding a flower. We are not for revolution, because it leads to war. We are for Evolution, because it leads to Peace!

*April 13, 1981*



want to say more to you: please, don't come if it is to say, "Well, I want to increase my knowledge, because after I increase my knowledge, then I'll... I'll..." No, no, no, no, no, no, no! None of this!


I, with only one question, will maybe have the answer: do you think you know nothing? You know a lot. I believe that you know everything. Do you want to see how you know everything? Whoever in here believes we should be selfish, raise your hand! Look around, you may look. Nobody raised their hand!

Now: whoever believes that we should be altruistic, raise their hand! Please! "Altruistic" is the opposite of selfish. Did everyone raise their hand?

You know everything! You know everything! Only it's still very, very... right? So, what we're going to do now is to open all this. And it's beautiful, because the opening of this is a flower, one of the most beautiful! It's very beautiful!

*April 13, 1981*



t the stage of development to achieve happiness, no matter how much some themes are discussed, these themes always remain incomplete, because each theme, each theme of capital, total importance, themes that stir up... that are about personality, about behavior, themes that are a part of the human constitution, these themes present themselves under many facets.

So, in a Course, one of these aspects is discussed and people say, “Wow, now I understand! This is it! I believe that now I know and the problem is now solved”. After some time, the problem reappears.

So, if you want to talk a little about them, it would be themes like vanity, pride... Goodness! Love... Not only negative; positive too, it doesn't matter. Themes that have an importance... Or fear! Awe. Themes that are constituents. They articulate with each other and are the reason of the human being, they constitute the human being. Everything that is done during analysis, in a psychoanalyst's office, but... or at least they're discussed.

No matter how much is talked about them, you'll see that there will always be something more, we'll always need to talk a little bit more about that theme, until the day each one can then discover that that's the way it works, that this is how it works. And each one then starts looking for the thousands of facets, the thousands of... facets – that's the term – faces that will present themselves in the circumstances of life, in all of them, connected from the inside out and inside you, you with yourself.



These themes, these subjects, yield other resultant themes: happiness/unhappiness, sadness/joy, well-being/ill-being, the feeling of plenitude/the feeling of emptiness.

This is why, often, people already prepared, people who are at a very high level of knowledge, who have spent a whole life studying will at times be sad and/or joyful; happy and unhappy; well, not well. And so these people ask themselves, “Gosh! Having so much knowledge, so many things, why still these resultants of good/bad, joyful/sad, happy/unhappy, contented-discontented... Why does it still happen to me, who has been practicing, studying, who has...?”

So now, knowing that this is resultant of those other themes I talked about at first – basic themes – that constitute the being, and knowing that these themes present thousands of faces, always corresponding to old and new circumstances – even because everything is in evolution – you’ll realize that you’ll never stop learning, you’ll never stop evolving.

Therefore, every time a theme is mentioned, on that day... every time a theme is mentioned that we have mentioned previously, we have even talked about – in life it’s also like this – something interesting will always happen and you should know that that’s how it is and that it happens: on that day, and in that instant, and in that personal circumstance, that theme will have, for each one, a connotation; it will present itself with a different view. It’s the same theme, but on that day, to you, it is different, and will always be different because the circumstances alternate from day to day.



All this makes a balance of nature. It makes sure that things won't tend towards one side or the other. It makes everything be harmonically mixed. A harmonic mixture. Everything in nature, everything in the universe occurs like this. And this translates into something whose value maybe you haven't found out! The fact that it is like this gives the motivation of life.

If it weren't like this, the individual would self-complete and, in self-completing, they would lose the factor... the hope factor... or the will to go on. They would lose that which pushes them. They would lose the factor which determines the moving forward in evolution. It is important that things be like that.

*June 24, 1981*



he knowledge that you take and can receive now is more about nourishment, a satisfaction. It's more of a prize, more of a lenitive to cope with the days that are approaching, the times that are approaching, the crises that will come. So, the knowledge that comes, comes in a sense even of better comprehending everything that will have to happen to the population, with the peoples in general, and also in the sense of rewarding, because it makes you feel good, it's nice... it's the proof that while some torture themselves for what will come, others here will probably feel good.

It's so good to know, it's so good to have all this, to use, to show, to serve as an example. While some take bitter stuff out there, you have inside yourselves nectar to ease theirs and the ones that you may have.

This is good, because it lets the knowledge come more smoothly, more pleasant, as if you already knew the end of a road. And now you're here, you have to move forward, and so you move forward receiving much better things, much healthier than the simple things you can receive out there. In this way, it's possible to consider the knowledge that should come.

So many classes, so many talks we've had about suffering. Why not live in peace and just savor the sweetness of the Knowledge, of Wisdom, of the whole Plan that was devised?

I'm also happy because most of you have been working, have been cooperating; I believe that everybody is present here. And everyone here is really cooperating with all of PRÓ-VIDA, everyone



is doing their part, doing a little bit, so this is satisfying! But it must be satisfying for everyone. A work that we do, no longer... forced, or to show. It's just because it's pleasant, right? "I'm doing my part;" each one does their part. This is for us. I mean, there's no longer another intention. Maybe we're giving a good example by doing this for others; without wanting to... without forcing, just because it's good, because it's good to fight for our world, for our society, while out there they... tear one another apart, while out there they're...

I hope... I even hope to transmit with what I said a calmness, a state of calmness within each one, because now our work becomes an unpretentious, pleasant, harmonic work among us! And without violent impulses; just with a balanced, well measured step, in a direction that we already know. We don't have a wall ahead of us; we walk calmly, serenely – which is the term I like to use – enjoying the good road, the good paving that we knew how to choose. Walking softly, watching a show already recognized as necessary. Sad, because not everyone is there; glad because the Law gets fulfilled; but especially in Peace.

I want, or I'd like to be able to transmit this to you, because at the instant you capture this state of Peace, you'll be allowing space for the comprehension of the knowledge that you already have and of the knowledge that will come. But without this state of Peace, of serenity, there's no space for the comprehension of the Knowledge. Anxiety is the last veil.

*July 31, 1981*





n a process of accelerating evolution, it takes, for each one who wishes to be a disciple – because disciples are all those who try to find – it takes study, work, dedication to the Objective that they intend. And so, to analyze everything, everything that goes on around you, and continue analyzing... It is really arduous work. And, of course, as you do this, you correct yourself, and then you can accelerate.

*September 23, 1981*

DR. CELSO CHARURI





And Peace on Earth, to men of goodwill.”  
Do you want to see? Because when you recognize that you’re good at business, when you recognize that you’re good at Medicine, when you recognize that you’re good at trading, when you recognize that you’re good at doing, when you recognize that you’re good at thinking; when you recognize that you’re good at ideating, when you recognize that you’re good at... solving – and here you can place any verb, because all verbs express an action, don’t they? And then you’ll realize that “Peace on Earth” when men of goodwill recognize themselves in their potentialities and not restrict themselves, but... plenify themselves, without aiming at fulfilling the other’s as well. On that day, on that day there will be Peace.

(...)

In other words: man needs to learn to work in teams. Man needs to put an end to selfishness. Man needs to understand: if he is good at something, do that thing. It’s where you recognize you. Stay at that! Plenify that, and that will have an enormous force. Don’t think whether it’s greater or lesser!


*September 23, 1981*



ou can only give or do something when you have already overcome the point. (...) In other words, you will only be able to have a Better World, be able to build a Better World when you envision another better than that; then you can build the one below that. When you envision a better one, you can build the one before that. So, let's build for the people here – a Better World for them. I want this to be very clear: not for me anymore, because for me I've seen another. Now, how good it would be if this were the Better World I had seen for myself, everything would have stopped, I would be stagnated: "Well, now there's this; it's over!" No way, there's another! And this is what's beautiful in life: there's more, let's go ahead, let's walk! Further!

*September 23, 1981*



 t first, man is within himself. Then he leaves himself, goes to his city; after his city he integrates with his country; then he leaves his country, goes to all the other countries; then he leaves his planet, goes to other planets, and one day he has the Universal view, and one day, integrates cosmically. On that day, he'll have here on Earth an Action that corresponds to the Evolution achieved by him. This Action, that will manifest after True Cosmic Integration, is called the ACTION OF THE TITHE. It's good for all to know.

*October 9, 1981*



We comprehend people's attitudes. We know this world is really of shadows, and we know that people act the way they do because otherwise they wouldn't be granted a place in the sun.

So, there is struggle, this terrible struggle inside each one, and outside, in their manifestations. We know and comprehend these people. We, here in PRÓ-VIDA, even ask everyone to start comprehending, a sign of Goodness and Wisdom.

And we believe that the best, the very best, the most we can do is really what we are doing: to take away the shadows, take away the darkness, to clean the dimension, show other dimensions, because we believe that acting on this point we are helping everyone, and that's why we give our Courses the way we do.

For our children – and many here have children; those who don't, one day will – if we stop to think what a world of shadows we are going to offer to our children! What is the use of my leaving financial, material, social, and even cultural power, of this culture that exists out there? If we really want the good for our children – not to say for our brothers, not to say for all beings, since we're all equal! But if we want the good, really want the good (not a little but really want it), we'll have to do... to act on a comprehensive point, on the point of the solution. And it seems to me – at least as far as I could reach – that the point is to remove the darkness, to clean, to clear. And that's what we do.



And then, as we do that, we show a new concept of Life, and people, through the method we use, people have been doing fine, and slowly, that concept of life – which is prison-life, narrow life, dark life, life in the darkness – people start to consider that life as being a life with a small “l” and begin to understand that there exists more Life, Life with a capital “L”.

By logic, we begin to show that the possibilities, the differences, if they want to fulfill Justice, if they’re just, if they come from a Greater God, these differences shouldn’t be unjust, as they seem to us at first sight. Because here, in this valley of shadows, some even manage to get a certain... a certain clarity, a bit of Light; but others, in this life, live in complete and total darkness. Nothing favors them. And these people, some of them live in complete darkness, doing acts that become facts that can only happen in the darkness.

I mean: how can anyone kill someone? How can anyone rob someone? How can anyone step on someone?

Now, facts like these are facts that can only happen in the darkness, because if it’s dark, I step on you! I don’t know you’re there. If it’s dark and there’s a glass of water, and I am thirsty... or food, I take it and eat it! And often, I eat a lot! I keep on eating! Because it’s dark! Because if it were light, I would have seen you’re there, you’re there, you’re there, you’re there and this bread, I would have shared... a bit for you, a bit for each one!

However, in the darkness I stretch out my hand and find... I don’t know! And I eat, and eat, and eat: I’ve found a source and I keep on sucking from that source! And you, who haven’t found the



source, you suffer! And since I found the source, I even fence in the source, and when I do, I step, and step. This can only happen... Often, as I step, I kill! This can only happen in the darkness. This can only happen because there's no Light! Because as the Light comes, I recognize you and see that it's the same! This hand... it has this finger just like mine, there's this one, and this one... It's the same! There's hair... It's the same! And then I... then I become ashamed of taking all the bread for me.

In me arises a feeling of self-protection even, because we are the same, it's almost as if I were you!

So, one day, I think people will have to stop and understand that selfishness – which is the cancer, the cancerous root of suffering – only appears in darkness.

And so, if I really want to leave something good for my children, or leave a luminous trail wherever I passed, it's no use to teach my child where the source is; the solution is to turn on the light. And when I discover that, I have already discovered that life isn't just that life in a valley of shadows; there is life in a bright environment.

We in PRÓ-VIDA should always do that, day and night, at each instant: turn on the lights, give space to those who still need it, give place to those who still want the place, ease the passages for those who still search for them. Teach. Because we in PRÓ-VIDA, have already recognized the continuation of Life, because it would be unfair if I lived in light, in an environment of light, and someone else in a world of darkness.

*October 9, 1981*





es... Let it not be for us, guys, but for our children, let it be for the children... of others. Let it not be for us, who are adults, let it be for the children. Let's build, let's build this Better World. Don't do it for yourself, if you're not interested... but do it for the children. Do it for those who'll come.

Let's refuse to survive in a society like this one is now, let's show how it's possible if it comes from within each one.

Forget that you have a negative part. Bury that part. Act from the positive. Do something. Let it not be for you to exist; once in your life do it for your children.

Don't waste the instants of your life outside the Objective.

Leave a trail of happiness. Let's together show the possibility of a Better World.

*October 9, 1981*



**H**ere Evolution is accelerated. How? Go ahead and say, “If one day I’ll have to understand that it’s all about light and not darkness; if one day I’ll have to understand that this is a world of shadows and that’s why selfishness exists, and I can already find the Light.” How? All you have to do is to eliminate selfishness, and the world will be of Light, or all you have to do is to bring Light and the world won’t be selfish.

I’ve realized that the path is a different one... It’s not possible for anyone to talk about harmony when referring to planet Earth?! No, no, no. There must be a Much Better World! From now on I’ll build this Much Better World. How? I’ll be good, I’ll do good, I’ll help whoever I can, I’ll study a lot, I’ll... I’ll let go of pride, I’ll let go of vanity, I’ll let go of rebelliousness, I’ll accept the word of someone who has testimony, I’ll accept the word of someone who has testimony, I’ll stop doubting – because doubt, excuse me... those who doubt don’t know the Realm of Possibilities.

That’s why PRÓ-VIDA does – and that’s how it does it: we aim for a Much Better World, we fight for a Much Better World, not modifying the environment, not through revolution – because what’s the use of mixing a bunch of potatoes?! It’s no use, there’s no way! They’ll mix, but it won’t go beyond that! Revolutions are useless. They are! What works is Evolution: “Come here, boy, let’s go!” – Evolution. How? Evolving the environment? No, evolving the man who makes the environment, the man who makes the environment!



It depends on each one. Open up! Open up! Open up! Take off this wrapping! Open up! Here. And we'll help! And you guys can help us, too.

*October 9, 1981*

HOW IS YOUR MIND ?





We feel that all of you are eager for Knowledge, and this makes us happy, because only he who knocks on the door, only for him the door will open, and so it's necessary that each one want to find the path, want to knock on the door, and want to go and discover the mysteries that surround us in this dimension where we live. And, of course, I'm very pleased when I see that many are seeking these mysteries, are knocking on the door and want to find the Light, in other words, to clarify, or to make clearer... the world of shadows in which we live.

*October 9, 1981*

DR. CELSO CHARURI





To everyone, a Much Better World; to us, just a better world, another much better world. Of course, each one will be according to what they feel, this “according to what they feel” is according to what they are. So, certainly, another place will be destined for us to be according to what we’ll be. It’s the same feeling as at the end of the play, on the day of the presentation, that we should have some time from now, some years from now, when we have established the Much Better World here for the other. To us, then, it should be another better world.

If it weren’t for this, there wouldn’t be hope. If everything remained still, if it all ended on the day of the better world, what would we do next?

But it seems that they placed a virtue, they placed something that is called Faith. And this Faith only exists, it only appears when we are able to practice Charity. And this Charity leads to this Faith, and this Faith, then, will bring you Hope, and that is why the movement continues, and the motion is continuous, and that is why we do what we do.

*October 24, 1981*

*Text extracted from a conversation between  
Dr. Celso and the participants of the Presentation  
at Anhembi, after a rehearsal.*





his is the example we want to give wherever we are: to show that this is not just a forced union, that nobody cuts anybody's free will; that here everybody does things because it's really what they feel.

When we do things feeling, knowing the Whole, we can play a melody unknown to all, but, in the parts, known by each one. In the recognition of the parts, it becomes easy. I think this is what we're doing.

(...)

Yes, I think that a great conductor must play any melody. They can't be specialized in popular music, or in classic or classical music, or in music from Tau Ceti, or... No! A great conductor is a great conductor. Either they know music, or they don't know music.

I think that each of us will end up becoming a great conductor, and, with humility, each conductor will put themselves in the position of a note to make it... to draw from it its greatest enchantment, its greatest fascination. And we are going to do this.

*October 24, 1981*



ou saw, guys, that when people have goodwill, and all it takes is goodwill, things work out.

(...)

It seems like the classes, the experiences, the conduct, the being together, the analysis one does of the other – unintentionally, even unconsciously – the fact that we are together, to see the other in the group, it seems like we unite. We notice the deficiencies of the others and the others notice ours. It seems like with the example given by each one, we end up correcting what's wrong.

Then, one day when things are equated it's easy for you to go to any of the mental levels of the different that exist out there, a world of differences and different. It doesn't seem like it, but this as well is the essence of philosophy. Once you know the whole musical scale played out there, it's easy for you to tune in with anyone, just by understanding. And this will make the adaptation point in the environment. We will adapt in the environment much more easily, in any sector. I believe that in any activity. We just need to stop, think, put our minds to work: "How do I see it? I see it like this". Then comes a time when you can say, "If it pleases me, it'll certainly please them, because if it pleases the good connoisseur of wine, I think that wine must be really good. It should please everyone's taste". This is good because it gives a vote of confidence to each one.

People should think, in a little while, in PRÓ-VIDA, exactly this. When someone gives you something to do, you say, "I'll do



it". You can do it, and certainly yours will be the best. Because you're a good wine taster, you know the nectar, and when you do it, certainly everyone will like it. And it will always be the best. For you it'll be only a part, of course, after all you know the Whole. You are PRÓ-VIDA.

*October 24, 1981*

DR. CELSO CHARURI





uddenly, you become aware...

Suddenly, you become aware of the beast that is within you. In that instant... In that instant, when you discover the beast within you, you feel that if you don't expand your consciousness, your suffering will increase. And you make a decision.

I am also a beast, that's why I'm here, among beasts. Because it wouldn't be logical that the Magnanimous Lord of the Universe put a sheep among lions. No, He wouldn't do that! He is the essence of Justice!

Therefore, by the Universal Logic, I'm led to believe that that beast isn't only out there, isn't only here at home, but it's also within me, of course. You become aware and say, "I'm also a beast. That's why I'm among beasts".

And you, then, can't live with yourself.

There is an alternation of being.

Something is forcing towards movement. At this point there's no balance between the ferocious forces that exist within you and the not so meek forces that also exist within you.

You have to opt. The time for option has come. You comprehend that you're a beast and are among beasts.

So, stop and begin to imagine that there must be a Much Better World.

You begin to imagine: there must be a Much Better World where those conflictive forces don't exist. Where there aren't such



intense conflicts. Where that sweet, good side, that meek side, must prevail... must prevail.

You don't know, but when this day comes, you'll be taking one more step towards expanding your consciousness. Yes, you'll be expanding your consciousness even more.

DR. CELSO CHARURI



# iii CONTENTS

## BEGINNING

PRÓ-VIDA Presentation Texts, Charter of Principles, A Word from the Master, and Interview Given by Dr. Celso to a local newspaper.

### PART

# 1

Set of 12 texts dictated by Dr. Celso Charuri for the PRÓ-VIDA monthly Newsletter published through 1981 and in January of 1982.

### PART

# 2

Transcripts of parts of activities conducted by Dr. Celso Charuri and notes of PRÓ-VIDA participants who experienced situations with him.

### PART

# 3

Parts of activities, Dr. Celso Charuri's talks and PRÓ-VIDA participants' notes taken during conversations with him, selected and published in 2020 on the internal homepage in the "To the Friends" section.

CLICK ON THE PAGE TO GO TO THE TEXT

## 06 Introduction

In this collection, we are invited to delve into a knowledge that may lead those who are prepared to the awakening of the mind. (...)

## 07 Charter of Principles

We have as Principle to evolve man, because we do not believe that man is a product of the environment, but, rather, that the environment is (...)

## 09 A Word from the Master

Text dictated by Dr. Celso Charuri to be sent to the students. He consented that year to the title “A Word from the Master” by our suggestion. (...)

## 12 Interview

Interview given by Dr. Celso Charuri to a newspaper in the city of Três Pontas, Minas Gerais, on February 21, 1981 on occasion of (...)

## CLICK ON THE PAGE TO GO TO THE TEXT

### 15 January 1981 Newsletter

Dear friends! We are starting 1981. We know that all our propositions will come true, since from our Tela Mental (...)

### 19 June 1981 Newsletter

As new experiences occur, the brain assimilates new elements to fill its storage capacity. This material will (...)

### 16 February 1981 Newsletter

The behavior of today's man attests to his poorness missing space regarding the factor life. So, modern man(...)

### 20 July 1981 Newsletter

... And everything was going wonderfully. It was a morning like any other, if seen through betic eyes, but entirely (...)

### 17 March – April 1981 Newsletter

Your presence is the present that encourages those present who, in the present, build the future (...)

### 22 August 1981 Newsletter

#### The Dilemma of Giving Thanks

At the hours of the day when a planetary conjunction determines the day of birth (...)

### 18 May 1981 Newsletter

Not infrequently we have been sought to answer questions regarding sex. That being a subject of limited and relative (...)

### 25 September 1981 Newsletter

John was a different garbage man. His presence could be noted just by the clothes he wore: they were (...)

CLICK ON THE PAGE TO GO TO THE TEXT

26

**November 1981 Newsletter**

Dear Students, we are aware of the great difficulty that all who have been actively participating in our Courses feel regarding the (...)

27

**November 1981 Newsletter  
Letter Addressed to the Students**

Friends, it's December, it's Christmas! One more year of activities is coming to an end. (...)

28

**December 1981 Newsletter  
How is your mind?**

It must be confused! After all, the house is full. All seats are taken there are no (...)

30

**December 17 1981**

**Illusion of The Senses**

And as much as the eyes can see, I was looking at a face that, according to the beauty, (...)



PART



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## CLICK ON THE PAGE TO GO TO THE TEXT

# 2

## PART

### 33 July 18, 1979

As we reach an objective, we always want to reach another, and such is the Life process. In Life, either you reach the (...)

### 39 December 18, 1979

An individual enters a city, and that city has many streets and alleys, and he keeps on walking the streets and alleys of that city. (...)

### 34 August 18, 1979

Is there anything in the universe more wonderful than Patience? Isn't time itself Patience? And who overcomes time (...)

### 41 December 21, 1979

Patience is directly proportional to the purpose. If you really want, if you know what you want, you have Patience. (...)

### 35 November 30, 1979

Dr. Celso, talking about Feeling, simulates a person's meditation: "What do I seek...? "You know, my God, I look at the sky (...)

### 43 1980

True intuition never opposes Reason. It's not dignified for man to let his acts be governed by emotional impulses. Few people (...)

### 36 December 12, 1979

Is there a dose of Love? Can Love be given in doses? Love has no dose. It is the total essence of plenitude. The expression (...)

### 44 1980

One day there won't be shadow because the light won't allow it. One day there will be no one with points of pride, or (...)

## CLICK ON THE PAGE TO GO TO THE TEXT

46 1980

The measure of a being is the Responsibility this being takes on. The quantity and quality of Responsibility. (...)

47 January 25, 1980

Once in a while, there's a pause in the brain, in the space and time clock. As if this were necessary for consolidation. (...)

48 January 27, 1980

When in musical harmony you place an accidental, creativity is greatly increased and so is your power (...)

49 February 15, 1980

There are people who live to give advice to others. When someone gives you advice, stop, listen, respect it, it doesn't matter (...)

50 March 13, 1980

Everything has life. Everything is life. The integration with the Whole should be connected to the aspects of Having (...)

52 March 29, 1980

Why do people go out for entertainment? Why do people plan to get away for a weekend? Man needs to escape routine (...)

54 July 16, 1980

There is something great, too big for our minute brain to form a concept of. Something magnificent, that can't as yet (...)

55 July 23, 1980

"Wisdom consists in ordering well our own soul," said Plato. Man plenifies himself when he understands (...)

2

PART

## CLICK ON THE PAGE TO GO TO THE TEXT

### 56 August 4, 1980

What could be, and who could know the most prudent act? Therefore, without error. Who on the face of the Earth could (...)

### 64 November 29, 1980

I believe that all of you have already understood that all perceptions are directly connected to Feeling and that Feeling (...)

### 59 September 7, 1980

The eyes are made for seeing; the ears for hearing. In the course of the passage, experiences build up. May the eyes start (...)

### 66 December 16, 1980

Everything that exists in humanity is always relative, therefore, subject to conditions, subject to circumstances, (...)

### 60 September 19, 1980

Many people pass in front of a castle. Inside, there is a party. Many pass in front of it. The doors are open and many (...)

### 67 December 22, 1980

What is a friend? Who is my friend? And then everybody transformed into... semi-secret friends! Because you could be, (...)

### 62 October 4, 1980

#### Dialogue To A Provocation

[Provocation] "It would be cowardly on my part to argue with you, since I know all your (...)

### 71 January 18, 1981

#### The Day the Wind Gave Way to the Breeze

Without the knowledge of their own intrinsic nature, the (...)



PART



## CLICK ON THE PAGE TO GO TO THE TEXT

### 73 February 4, 1981

When you are idle, not working, you are discontented, you become sad, because you are delaying your arrival to the (...)

### 75 February 6, 1981

What would the world be like if everything stayed exactly as in the last instants of a Harmony class? If we could (...)

### 77 February 26, 1981

We have been observing a behavior that comes from a lack of comprehension, a lack of understanding, or from (...)

### 79 March 4, 1981

Everything that happens and that leaves you incontented, dissatisfied, is a consequence, is your share. It's what we (...)

### 81 March 14, 1981

In the experiences that occur during life, sometimes there is one that certainly you have been through, and that (...)

### 82 April 8, 1981

#### Autumn

In Autumn, when the fruits abandon the trees that gave them birth and cast themselves onto the (...)

### 84 May 21, 1981

On the face of the Earth everyone has the opportunity to shine through the 7 rays, because light, when in (...)

### 85 May 22, 1981

Traveling is useful to check how things are out there. The world is in crisis. Everyone bleeding. Everyone searching (...)



PART



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### 86 May 24, 1981

I think I know what happened in the beginning. I think I know. I think that in the beginning there was no sound. (...)

### 97 July 2, 1981

A dwarf or a child comes near the Pyramid of Cheops and says, "Either you give me some ice cream or I'll knock (...)"

### 89 May 29, 1981

Right at the beginning of civilization, they cultivated the Higher Self, the Self that knows what is right and what is wrong. (...)

### 99 July 18, 1981

When you light a candle for the first time, with that initial heat of the flame, people applaud, usually praising and glorifying (...)

### 92 June 5, 1981

This is a time dedicated to a different body, the mental body. Everything we are results from information that, before (...)

### 100 July 24, 1981

Facts happen, such as death. But life goes on. Not everybody knows that life doesn't end. They think the (...)

### 95 June 10, 1981

How much time, how many times, how much space must be taken by each one until, at last, they discover the real (...)

### 102 August 5, 1981

Once again, what is written in the "Great Man" text has been proven to us: what he has doesn't matter to us; (...)



PART



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## 2 PART

### 103 August 7, 1981

We want to be those who pass upon the world and help our neighbors. Dedicate ourselves. We're fine, and it's (...)

### 110 August 17, 1981

Have you ever asked yourself which is better, a vegetable or a man? Have you ever asked yourself that? Think about (...)

### 105 August 10, 1981

Birthday, representation of the Ideal. Nativity. Rebirth. The end of a yearly cycle. New beginning. As I congratulate (...)

### 111 August 17, 1981

Here we seek to develop the Much Better World. Many tried to develop the Much Better World through (...)

### 106 August 11, 1981

If the prejudices of a Collective Mind corrupted by selfishness have been eliminated from your mind. (...)

### 112 September 4, 1981

Man arrives on the face of the Earth – a third-dimension planet – and, to enter, he must be constituted like the (...)

### 107 August 14, 1981

Imagine that our body is made up of a lot of little lights, tuners, emitters, and transmitters with different frequencies. (...)

### 114 September 8, 1981

There is a Greater Love. There is a Greater Goodness. There is a Greater Power. Our Mind is connected. We are not (...)

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### 116 September 11, 1981

Yesterday I was talking to some people from outside about the mind, people still stuck to materialism, who can't get (...)

### 123 October 3, 1981

It is necessary that everyone speak the same language. (...) A long time ago there was a Tower of Babel, when men (...)

### 118 September 24, 1981

In terms of biological constitution, we are all the same and capable of the same things. If any of us wants to grow, to live in total (...)

### 125 October 5, 1981

There are still people who believe in a Better World. Since the beginning of human history, many, many (...)

### 119 September 24, 1981

Everyone learns a lot with the experiences of others. If each one tells what they have gone through, we learn. (...)

### 127 October 8, 1981

I could speak about the flaw that exists in the human brain, since people go through so many experiences and don't filter from (...)

### 121 October 1st, 1981

Question: "Why is this the time?"  
You have a total of knowledge at your disposal here, for this Plane. (...)

### 129 October 9, 1981

Many are the subjects we could talk about today, after all we feel that all of you are eager for knowledge, and this (...)

## 2 PART

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### 133 October 30, 1981

Today is a happy day for me! I want to share the joys as well, even if I can't tell everything. When we share an (...)

### 145 November 13, 1981

This is a paper ice-cream cup. And this is a crystal ice-cream cup. You are the customer. What is my line of business? (...)

### 138 November 5, 1981

Question: "How can you demand evolution, or higher actions, from people who are still at a lower evolutionary stage?" (...)

### 146 November 17, 1981

Many fatalities happen and hurt profoundly, deep in some point that still finds resistance. What could it be that makes pain? (...)

### 140 November 6, 1981

Beautiful time of the year now, as Christmas approaches. I have been to other places in wintertime, during Christmas (...)

### 148 November 20, 1981

A while ago, I was saying that some people – I would even like you to meditate about this – when they are (...)

### 142 November 13, 1981

It's so good to be in silence every once in a while! But it's so difficult for people to remain in silence! Usually they (...)

### 152 December, 1981

I have a reason of life. I am united by a Principle, a fundamental. My fundamental is the Much Better World. (...)



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**153** December, 1981

Not having Courage is not having knowledge. In principle, not having Courage is not having knowledge or having (...)

**161** December 1, 1981

We know everyone would like to get to know the person with whom we started our mental training. (...)

**155** December 1, 1981

Stop. It is necessary that you listen to me. Calm down. Relax. This is the moment. Now is the time to talk to you. One day, (...)

**158** December 1, 1981

I'm still watching your behavior. Congratulations, you've made it! The Universe is happy. One more point of Light. (...)

**160** December 1, 1981

The Show isn't over. We are not at the end. We are at the beginning. Men of goodwill are gathered. There's still Hope. (...)



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## PART

### 163 December 19, 1980

Make the time you are here, at PRÓ-VIDA, count, as well as the time you are on the face of the Earth. Give a sense of (...)

### 168 December 21, 1979

Don't isolate yourself. Live. Feel life and then you begin to shine. Once the rays of life have penetrated you, (...)

### 164 December 8, 1979

...and it was thinking and studying that one day we stopped and began to look at the sky. It was night. We saw a star, (...)

### 170 December 6, 1980

Walking and thinking, you know, annoyed, asking for strength for feeling too small, and for trying to take away the filth (...)

### 165 December 8, 1979

One day I went to the movies. I was lucky! I saw the film Brother Sun, Sister Moon. You've probably heard of it. (...)

### 172 November 11, 1980

We intend a world without conflicts. We intend a world without dissensions. We intend a world of Harmony. We intend a (...)

### 166 December 21, 1979

We were recalling what will be, by what is now. We were recalling the present that will be, in the future that today is, (...)

### 174 December 13, 1980

How much knowledge do you already have? Not only from the courses. Take, for example, a person from outside, a 60-year-old (...)

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### 175 December 13, 1980

Stop being afraid of being a candle, that one day will burn out. Start wanting to be a candle, that burns out giving (...)

### 183 February 22, 1981

As you know, thoughts emit vibrations, frequencies known and frequencies as yet unknown by science. There are good (...)

### 176 December 15, 1980

(...) man is a product of the environment. We say this is correct: man is a product of the environment. And we also say (...)

### 184 April 13, 1981

Suddenly, a greater need arises within you. Suddenly, a greater need arises. Suddenly, I put you before a Truth (...)

### 179 February 4, 1981

Everything is going very well, everybody is helping from all around, but here, it's this side that needs... On the other (...)

### 185 April 13, 1981

I want to say more to you: please, don't come if it is to say, "Well, I want to increase my knowledge, because after I increase (...)

### 180 February 19, 1981

A man that has reformed himself, a man who proceeds as an example, who sets the example in his own actions, (...)

### 186 June 24, 1981

At the stage of development to achieve happiness, no matter how much some themes are discussed, these (...)



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#### 189 July 31, 1981

The knowledge that you take and can receive now is more about nourishment, a satisfaction. It's more of a prize, (...)

#### 194 October 9, 1981

At first, man is within himself. Then he leaves himself, goes to his city; after his city he integrates with his country; then (...)

#### 191 September 23, 1981

In a process of accelerating evolution, it takes, for each one who wishes to be a disciple – because disciples are all those (...)

#### 195 October 9, 1981

We comprehend people's attitudes. We know this world is really of shadows, and we know that people act the way they do (...)

#### 192 September 23, 1981

"And Peace on Earth, to men of goodwill." Do you want to see? Because when you recognize that you're good at business (...)

#### 198 October 9, 1981

Yes... Let it not be for us, guys, but for our children, let it be for the children... of others. Let it not be for us, who are (...)

#### 193 September 23, 1981

You can only give or do something when you have already overcome the point. (...) In other words, you will only be able to have (...)

#### 199 October 9, 1981

Here Evolution is accelerated. How? Go ahead and say, "If one day I'll have to understand that it's all about light (...)

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**201** October 9, 1981

We feel that all of you are eager for Knowledge, and this makes us happy, because only he who knocks on the door, (...)

**206** no date

Suddenly, you become aware... Suddenly, you become aware of the beast that is within you. In that instant... (...)

**202** October 24, 1981

To everyone, a Much Better World; to us, just a better world, another much better world. Of course, each one will be (...)

**203** October 24, 1981

This is the example we want to give wherever we are: to show that this is not just a forced union, that nobody cuts anybody's (...)

**204** October 24, 1981

You saw, guys, that when people have goodwill, and all it takes is goodwill, things work out. (...) It seems (...)



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an intends to be immortal,  
and for this, he defends  
ephemeral principles.

One day, inexorably,  
he will discover that to be immortal  
he must defend absolute principles.

On that day, he will die to the  
flesh, ephemeral, and live for  
the spirit, eternal.

He will be immortal.

*C. Charuri*



THERE CAN BE A  
MUCH BETTER WORLD.  
IT ONLY DEPENDS ON YOU.

